

GROWTH

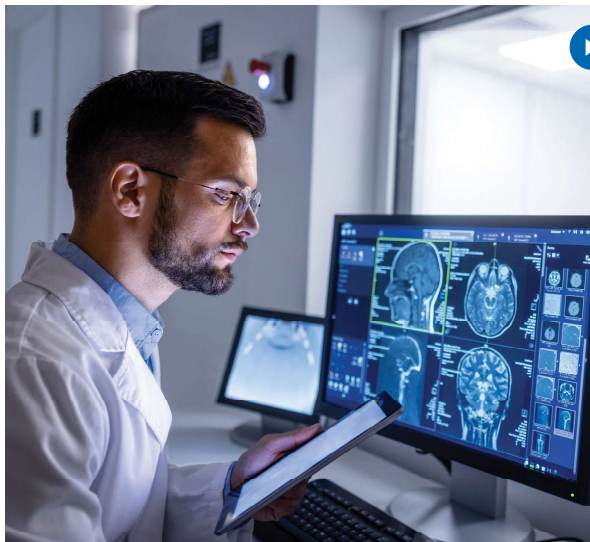
SURGICAL TEAMS BREAK RECORD WITH NEARLY 10,000 SURGERIES IN A YEAR

Methodist Dallas performed a record number of surgeries in fiscal year 2023. Surgeons on the hospital's medical staff performed a total of 9,951 surgeries from September 2022 through September 2023.

"I am so proud of our surgical teams at Methodist Dallas," said President **John Phillips, FACHE**. "The physicians on the medical staff and surgical services staff at Methodist Dallas are committed to working together to provide our patients with quality, efficient, and compassionate care."

Last May alone, surgical teams performed 920 surgeries, the hospital's highest number of surgeries for a single month.

"Because of our incredible support and medical staff, the best days for Methodist Dallas are ahead of us," Phillips said.



RADIOLOGY TEAM EARNS SEAL OF EXCELLENCE

Methodist Dallas earned a new designation as a Comprehensive Radiopharmaceutical Therapy Center of Excellence.

Important efforts by the nuclear medicine team helped the hospital meet guidelines set by the Society of Nuclear Medicine and Molecular Imaging. The program recognizes institutions that have reliable access to high-quality radiopharmaceutical therapy delivered by multidisciplinary teams.

"This designation is a great accomplishment for Methodist Dallas. It reflects the leadership across the organization and the hard work of the nuclear therapy team," says **Alexandru Bageac, MD**, Department Chair of Radiology at Methodist Dallas. "Methodist Dallas has joined a select group of academic institutions that provide this therapy without being part of a university-centered healthcare system."

Methodist Dallas is one of two sites in Dallas-Fort Worth to earn this designation.

FOUNDATION

OVER \$10 MILLION IN FUNDRAISING TO TRANSFORM WOMEN'S AND CHILDREN'S UNIT

The Methodist Health System Foundation pulled out all the stops to transform Methodist Dallas' labor and delivery unit.

First in April, the 2023 Robert S. Folsom Leadership Award celebrated Mary and Rich Templeton for their many accomplishments and raised over \$2 million to enhance the Women's and Children's Services floor at Methodist Dallas.

In addition to that fundraiser, a \$1.1 million grant from the Crystal Charity Ball helped the Foundation surpass its goal of \$10 million to enhance the unit.

"We are grateful to all of our donors for supporting this project with so much enthusiasm and generosity," said Methodist Health System Foundation President **Jim Johnston**.

The Crystal Charity Ball grant will go toward work on 3 Schenkel Tower and the creation of an Obstetrics Emergency Department.

"Collaboration between our Women and Children's leadership and the Foundation created an opportunity to fast-track our goal to fully fund the labor and delivery project at Methodist Dallas," said President **John Phillips, FACHE**. "I'm excited for our medical staff who will soon welcome new lives in a new space."

Construction began in mid-March and will last through the end of the year.

NUMBERS TO KNOW



9,679

The number of people Methodist Health System employed throughout the Metroplex.



2,598

The number of people employed by Methodist Dallas Medical Center.

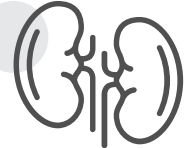
\$182 million

The total amount Methodist Health System provided in **unreimbursed charity care**.



193

The number of lifesaving transplants performed at Methodist Dallas Medical Center.



Figures above represent fiscal year 2023

Methodist was named **2024's Health System of the Year** by Press Ganey, the industry leader in improving patient experience and workforce resilience.

Becker's Hospital Review ranked Methodist Health System among the top **150 Great Places to Work in Healthcare** for the 11th year running. *Forbes* named the health system as one of the **best employers for diversity**.

THANK YOU TO THE OUTSTANDING PEOPLE SERVING ON OUR ADVISORY BOARD

Robert (Bobby) Abtahi; Glenn Bodinson; Mike Casey; Elba Garcia, DDS; Pamela Dunlop Gates; Rev. Dr. Larry George; Patricio Gutierrez; Ben Houston; Brenda Jackson; Delia Jasso (Chair); Terrence Maiden; Nimesh Patel, MD; Rev. Mark Porter; Joe Saad, MD; Laura Sanchez; Rev. Jodi Smith; Kirk Wiginton; Linda Young

WE PROUDLY SUPPORT THE OAK CLIFF CHAMBER OF COMMERCE

AWARDS AND RECOGNITIONS

- Hospital Safety Score rating of A from The Leapfrog Group
- Magnet®-designated hospital by the American Nurses Credentialing Center
- Level I Trauma Center — the only one in southern Dallas
- Certified Comprehensive Stroke Center, first and only hospital in southern Dallas to receive accreditation
- Extracorporeal membrane oxygenation program providing life support for the hospital's sickest heart and lung patients
- Two renovated cardiac catheterization laboratories
- Level III neonatal intensive care unit (NICU)
- Level III maternal and NICU designation from the Texas Department of State Health Services
- Award-winning GI Lab and Advanced Endoscopy Center
- Liver, kidney, and pancreas transplantation programs
- Only structural heart disease program in southern Dallas
- Completed National Accreditation Program for Rectal Cancer
- Designated Epicenter for Robotic Surgery by Intuitive Surgical
- Geriatric Trauma Program (G60) to cater to aging population
- Linda and Mitch Hart Breast Center accredited by American College of Surgeons Commission on Cancer with commendation
- Recognized with the Gold Seal of Approval® by The Joint Commission for pancreatic care and for the hip and knee joint replacement programs

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COMMUNITY WELLNESS

FAITH COMMUNITY NURSING

Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.

METHODIST GENERATIONS

This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.

MOBILE MAMMOGRAPHY

Methodist's mobile mammography unit brought breast cancer screenings directly to 66,000 women since 2000.

METHODIST ALLIANCE FOR PATIENTS AND PHYSICIANS (MAP2)

This accountable care organization improves and saves lives through coordinated care for more than 70,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP2 has achieved national recognition for the quality of care given to patients.

LIFE SHINES BRIGHT PREGNANCY PROGRAM

This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care. Since it started in 2008, the program has lowered the preterm birth rate among its participants to only 5.4%.

MEDASSIST

This program provides vital bridge medications — 162 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, MedAssist also connected patients to 260 prescriptions for free medications valued at \$138,435.



TUGGING AT OUR HEARTSTRINGS

Methodist Dallas President **John Phillips** speaks to the music-loving crowd ahead of the Dallas Symphony Orchestra's Symphony in the Parks series held at Kidd Springs Park.

2023 SERVICE AND SUPPORT

We were proud to offer or sponsor these community events and organizations last year:

- Bishop Arts District Merchants Association
- Bishop Dunne Catholic School
- Dallas Symphony Orchestra Parks Concerts
- Dallas Youth Athletic Association
- Dallas Zoo
- Dash For The Beads
- Elmwood Farm
- Go Oak Cliff – Oak Cliff Mardi Gras Parade; Bastille on Bishop; Oaktobfest; Blues, Bandits, and BBQ
- Junior League of Dallas
- Mammogram Poster Girls
- Memnosyne Institute - Oak Cliff Earth Day
- North Oak Cliff Greenspace
- Oak Cliff Chamber of Commerce – Transportation Summit
- Oak Cliff Film Society
- Oak Cliff Run Crew
- Oak Cliff Sandlot
- Oak Cliff Society of Fine Arts
- Pasos for Oak Cliff
- Preservation Park Cities
- Raising Oak Cliff
- Rosa Es Rojo
- Rosemont Dads Club - iBike Rosemont
- Rosemont Early Childhood PTA
- Rotary Club of Park Cities 4th of July Parade
- St. Cecilia Catholic School
- The Kessler School
- Turtle Creek Conservancy Easter Egg Hunt
- Twelve Hills Nature Center
- University Park Merchants Association Tree Lighting
- Well Community
- White Rock Lake Conservancy

COMING TOGETHER FOR TRASH PICK UP

A group of nurse leaders lent a hand to clean up Elmwood Farm, an urban farm in Oak Cliff.





KEEPING CROWD COOL AT BASTILLE ON BISHOP

Methodist Dallas helped keep everyone hydrated in the Texas summer heat at Bastille on Bishop, a popular local event that celebrates the French National Day.

While visitors enjoyed live entertainment and walked along the stalls of various vendors, Methodist Dallas' tent served as a hydration station.

Staff distributed bottles of water and hand sanitizers among festival-goers and provided information describing the difference between heatstroke and heat exhaustion.

PARADE AND 5K ADD DASH OF METHODIST

With help from Methodist Dallas, two of the most popular events took over Oak Cliff to create a daylong family-friendly affair.

Methodist Dallas sponsored back-to-back events, the Dash for the Beads 5K and the Oak Cliff Mardi Gras Parade. With the nearby Methodist Family Health Center as a backdrop, staffers and members of the medical staff visited with neighbors and other businesses in the area. Methodist Dallas employees handed out health information and free swag to parade watchers and Dash runners along West Davis Street.

Staff from the Linda and Mitch Hart Breast Center also had a fun time wrapping up the parade, walking ahead of Methodist's mobile mammography unit.



METHODIST DALLAS NAMED CENTER OF EXCELLENCE FOR PANCREATIC CARE

The National Pancreas Foundation recognized Methodist Dallas Medical Center as an approved Center of Excellence, the only hospital in Dallas-Fort Worth to be distinguished for its treatment of both pancreatitis and pancreatic cancer.

The newest distinction is the result of a rigorous audit and highlights Methodist Dallas' multidisciplinary care of pancreatitis — treating the “whole patient” with a focus on achieving the best possible outcome and an improved quality of life.

“Accreditation from the National Pancreas Foundation is an important symbol of Methodist Dallas Medical Center's commitment to high-quality, multidisciplinary pancreas care,” said **Alejandro Mejia, MD**, Executive Director of Organ Transplantation at Methodist Dallas.

An approved NPF center meets the criteria developed by a task force of subject matter experts and patient advocates. Requirements include having specialized physicians such as gastroenterologists, pancreas surgeons, and interventional radiologists, as well as more patient-focused programs such as a pain management service and psychosocial support.

“For many years, Methodist Dallas has thoroughly demonstrated a high level of care for patients with pancreas disease,” said **Paul Tarnasky, MD**, executive medical director of the Methodist Digestive Institute. “We look forward to continuing to develop our pancreas Center of Excellence and providing this superior level of care to patients in North Texas and beyond.”



A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit MethodistHealthSystem.org/Foundation. Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.