

2023



NURSING ANNUAL REPORT



Methodist
HEALTH SYSTEM

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Dear Valued Nurses,

On behalf of the entire Methodist Health System leadership team, I am thrilled to share with you our 2023 Annual Nursing Report. This year has been a period of significant growth and achievement for our dedicated nursing staff. Patient safety remains our top priority, and we've made substantial investments in implementing and enhancing safety features across all six of our hospitals. This ongoing commitment ensures the well-being of both our patients and the incredible nurses who provide exceptional care.

We are immensely proud of the progress achieved in nursing recruitment and retention. Through focused efforts, we've seen a significant decrease in nurse turnover across the health system. This success allows us to build a stronger, more cohesive nursing team, ultimately benefiting the quality of care we deliver.

Looking ahead, Methodist is experiencing exciting growth. We recently broke ground on our newest hospital in Celina, Texas, expanding our reach and ensuring access to high-quality care for more communities. Our commitment to nursing excellence remains unwavering, and we will continue to invest in programs and resources that attract and retain top talent.

As you delve deeper into this report, I encourage you to celebrate the accomplishments of your fellow nurses and take pride in the vital role you play in Methodist's success. We are incredibly fortunate to have such a dedicated and compassionate team on the frontlines, delivering exceptional care to patients across North Texas and beyond. Thank you for your continued commitment to excellence.

Sincerely,

Jolyn Angus DNP, MBA, BSN, RN, NEA-BC, CENP



Jolyn Angus,
DNP, MBA, BSN, NEA-BC, CENP
MHS SVP/CNE



Nora Frasier,
DNP, RN, FACHE, NEA-BC
VP Nursing/CNO - MMMC

Georgette Calma,
MSN, BA, RN
VP Nursing/CNO - MRMC

Jeremy Taylor,
MHA, BSN, RN, CENP, TCRN
VP Nursing/CNO - MLMC

Barbara Madden,
MSN, RN
VP Nursing/CNO - MDMC

Kathryn Ufolla,
MHA, BSN, RN, CCRN
VP Nursing/CNO - MSMC

Mohammad P. Aslam,
MBA-HA, BSN, RN
VP Nursing/CNO - MCMC

SYSTEM OVERVIEW



METHODIST CHARLTON MEDICAL CENTER

- Dr. Stephen and Marilyn Mansfield Oncology Unit accredited by the Commission on Cancer
- Breast Center accredited by the National Accreditation Program for Breast Centers (NAPBC)
- Gold and Gold Plus awards for heart and stroke care from the American Heart Association for the fifth year running in 2023.
- Awarded The Chest Pain - MI Registry™ Bronze Performance Achievement Award by the National Cardiovascular Data Registry (NCDR)
- Level III Trauma Center
- Accredited Primary Stroke Center by The Joint Commission
- Level II Neonatal Intensive Care Unit
- Level III Maternal Care designation
- American Nurses Credentialing Center Accreditation Practice Transition Program®



METHODIST DALLAS MEDICAL CENTER

- Level I Trauma Center
- Comprehensive Stroke Center Certification by the DNV-GL
- National Accreditation Program for Rectal Cancer
- Designated Surgery Epicenter by Intuitive Surgical for the da Vinci® Surgical System
- Cancer Center accreditation with commendation by the American College of Surgeons COC
- Level III Neonatal Intensive Care Unit
- Level III Maternal Care designation
- National Pancreas Foundation Center of Excellence for adult pancreatitis and pancreatic cancer
- Primary Heart Attack Center by The Joint Commission
- Healthgrades Patient Safety Excellence Award™ (2023)
- Healthgrades Outstanding Patient Experience Award™ (2023)
- Healthgrades Labor and Delivery Excellence Award™ (2023)
- American Nurses Credentialing Center Accreditation Practice Transition Program®



METHODIST MANSFIELD MEDICAL CENTER

- Primary Stroke Center certification by The Joint Commission
- Primary Heart Attack Center by The Joint Commission and the American Heart Association
- Level III Trauma Center
- American Heart Association Get With The Guidelines® Stroke Gold Plus with Target: Stroke Honor Roll Elite
- American Heart Association Get With The Guidelines® Target: Type 2 Diabetessm Honor Roll
- American Heart Association Mission: Lifeline® STEMI Receiving Center Gold Plus Achievement Award
- Accredited Comprehensive Bariatric Center of Excellence by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program
- Academy of Medical-Surgical Nurses PRISM AWARD®
- American Nurses Credentialing Center Practice Transition Accredited Program®



METHODIST MIDLOTHIAN MEDICAL CENTER

- 2023 Press Ganey Human Experience Guardian of Excellence Award for emergency department patient experience
- Association of periOperative Registered Nurses Go Clear™ Award for Surgical Smoke Evacuation Recognition
- Top decile for patient experience
- Level I Maternal Facility for perinatal care
- Level I Neonatal Facility
- Robotic surgery capabilities with the da Vinci® Surgical System



METHODIST RICHARDSON MEDICAL CENTER

- Comprehensive Stroke Center Certification by DNV Healthcare
- Level III Trauma Center
- The Joint Commission Gold Seal of Approval® for Pancreatic/Hepatic/Biliary Cancer Certification
- American Heart Association Mission: Lifeline® STEMI Receiving Center Gold Plus Achievement Award
- Cancer Center accreditation by the American College of Surgeons Commission on Cancer
- Designated Comprehensive Breast Imaging Center of Excellence accreditation by the American College of Radiology
- The Joint Commission certification in shoulder, hip and knee joint replacement programs
- Level III Neonatal Intensive Care Center designation
- Level III Maternal Care designation
- American Nurses Credentialing Center Accredited Practice Transition Program®



METHODIST SOUTHLAKE MEDICAL CENTER

- Top decile for patient experience
- Robotic surgery
- Newly expanded emergency department



Embrace Quality: Deliver safe and effective healthcare to the patients we serve and be a shining example of High Reliability Organization.

Promote Culture: Continue to promote our culture as the trusted healthcare employer of choice.

Drive Growth: Enhance the breadth and depth of services to meet the healthcare needs of all the communities we serve.

Maximize Stewardship: Preserve, protect, and grow the financial resources we have been blessed with to support and expand the mission.

Expand Mission: Deepen our commitment to improving and saving lives through compassionate, quality health care for all.

NURSING BY THE NUMBERS



The DAISY Award® for
Extraordinary Nurses

364 nurses
recognized

Since 2011



Nurses in a direct
patient care role

3,925 nurses

During 2023



Methodist Foundation
Nursing Scholarship
Award

407 recipients

Since 2014



Specialty certification
rate

32% of nurses

During 2023



Clinical Advancement
Program

2,777 CAP
applications
completed

Since 2015



BSN or higher
nursing degree

78% of nurses

During 2023



Nurse residents

1,161 residents

Since 2015



Average tenure with
Methodist Health System

5.5 years

Through 2023



Memorial tribute honors devoted caregivers

To mark the first anniversary of the tragedy that struck Methodist Health System in October 2022, Methodist Dallas Medical Center added two permanent features to its courtyard in remembrance of Annette Flowers and Jacqueline Pokuaa.

In a packed courtyard, members of women and children's services, care management, pastoral services, and administration placed dirt on a newly planted Japanese maple tree. Chief Medical Officer Martin L. Koonsman, MD, FACS, CPE, handcrafted a wooden bench that now sits in the courtyard as a place for all to sit and reflect.

Methodist Midlothian champions nurses with week of spirited games

During Nurses Week, Methodist Midlothian Medical Center celebrated our Nursing Excellence Award winners with a week full of Olympics-themed games and activities — alongside Olympic track and field gold medalist Michelle Carter. We commend all our nurses for their diligence, commitment, and impact on patients' lives and congratulate everyone on a job well done.





Methodist Southlake celebrates strength and connection

Nurses Week 2023 was a time to praise and honor our nurses. Methodist Southlake Medical Center nurses were delighted to “Express Themselves” — revealing how they emerged from the pandemic with Strength, Grace, and Resiliency mixed with Love and Laughter.

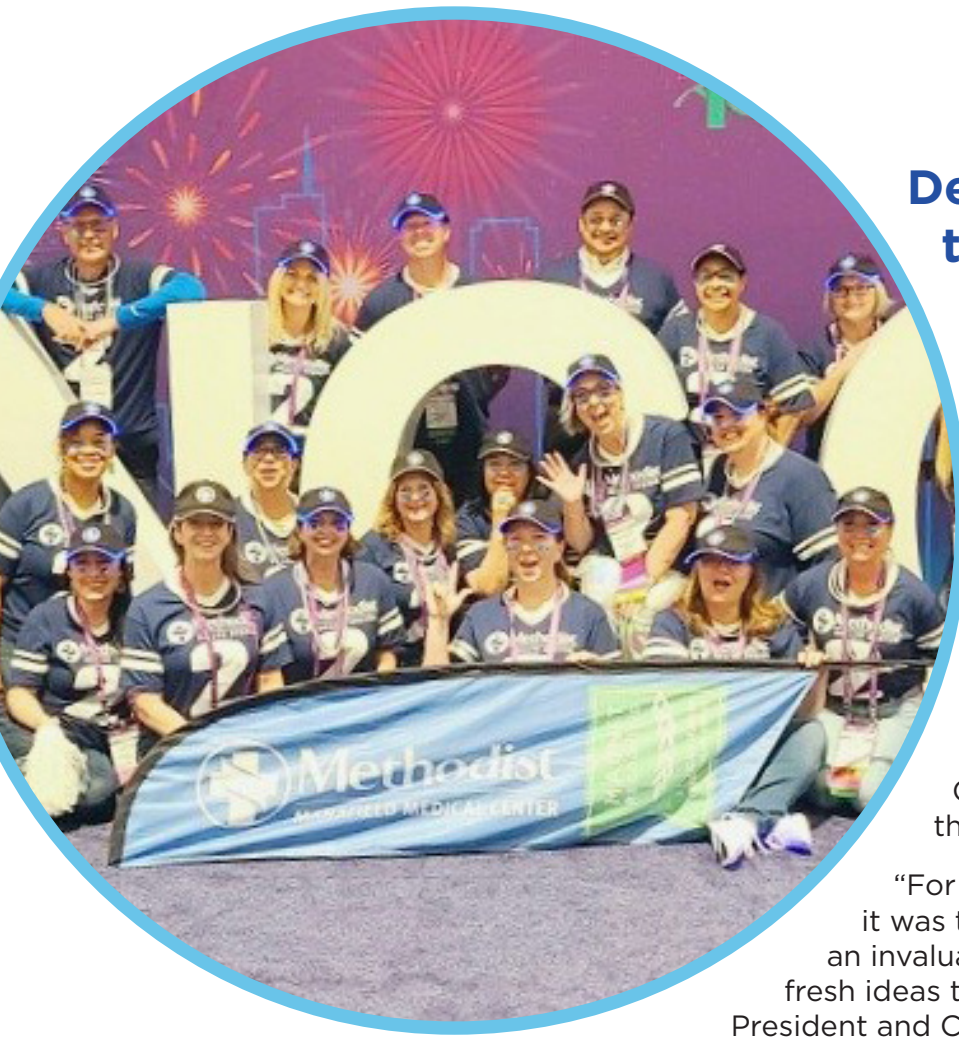
This activity created meaningful connections among the nurses who participated. It sparked discussions that led to laughter, tears, acknowledgment, and support. Capturing a message in a beautiful piece of art, they inspired empathy through sharing their story — all without saying a word.

Otherworldly food, fun, and celebration mark Nurses Week at Methodist Charlton

The theme for the 2023 Nurses Week celebration at Methodist Charlton Medical Center was “Out of this World.” Nurses designed table decorations that demonstrated how their units are out of this world in providing patient care, and they were displayed during the Nursing Awards celebration. During the week, nurses were celebrated with some exciting events that focused on their well-being:

- Tai Chi sessions
- Massage chairs available to day shift and night shift nurses
- Chick-fil-a breakfast sandwiches for day shift and night shift
- Breakfast celebration for Day shift and night shift
- Lunch provided by the Sufi Center
- Nursing awards celebration and lunch
- Blessing of the hands for day shift and night shift
- Ice cream social for day and night shift





Determined nurses walk the walk to earn second Magnet® designations

Nurses from Methodist Mansfield and Methodist Richardson Medical Centers cowbayed up for the American Nurses Credentialing Center Magnet/Pathway Conference in Chicago, where they were honored for their second designation as Magnet®-recognized organizations. This places them in rare company with less than 9% of hospitals nationwide. That includes Methodist Dallas and Methodist Charlton Medical Centers, which earned their designations in 2021.

“For 80% of the Methodist attendees, it was their first Magnet conference and an invaluable opportunity to be exposed to fresh ideas to bring back home,” said Senior Vice President and Chief Nursing Executive Jolyn Angus, DNP, MBA, BSN, NEA-BC, CENP. “Many of the attendees were frontline nurses who were sponsored by Methodist Health System Foundation, which has our sincere appreciation for covering their registration, travel, and lodging expenses.”

First-time attendee Jillian Navejas, RN, CCRN, a nursing clinical coordinator on 6 Surgical ICU at Methodist Richardson, stated “Attending Magnet was transformative for me. We are spoiled for Magnet and other specialty-designated facilities in DFW, so to me, it was just another designation. Attending the conference changed my perspective completely because I was able to see how truly committed our people and our system are to excellence in the interest of us all, and those we care for.”

Another first-time attendee Robbie Cooper, BSN, RN, a nurse on Mother/Baby at Methodist Richardson, stated “Attending the Magnet conference was an experience of a lifetime. As a nurse of 20 years, I left with a renewed vision of my why and continued passion for the patients I serve. Just to name a few words, [the conference was] amazing, exhilarating, inspiring, and passionate. I am so grateful, and it was a blast.”

Laura Sweatt, DNP, RN, CNE, NPD-BC

Association for Nursing Professional Development, Dallas Fort Worth Affiliate, president

MISD Student Health Advisory Committee, member

Texas Nurses Association, Continuing Professional Development Committee, member

Kathy Aulson, RN, CPPS, CPHRM, CFRN

Waxahachie Chamber of Commerce, board member

Sarah Towery, MS, BSN, RN, NEA-BC, NPD-BC

North Texas Healthcare Employer Learning Consortium with the DFWHC Foundation, member

Erin Farrell, MSN, RN, NEA-BC

North Central Texas Trauma Regional Advisory, council member

Elizabeth Aaron, MSN, RN, CCRN-CMC, NE-BC

American Association of Critical Care Nurses - Dallas Chapter, president

Elaine Mueller, BA, RN, CAPN, CPAN

Texas Association of Perianesthesia Nurses Northeast Region, advisor and treasurer emeritus

Winnfred Akangbou, RN, CGRN

North Texas Society of Gastroenterology Nurses and Associates, director

Cheryl Koch, MSN, RN, NEA-BC

The Counseling Place, Richardson, Texas, vice-chair

Jacob Thomas, MHA, MSN, RN

Lewisville ISD Health Sciences Program Advisory Board, member

Rebeka Carreon, MSN, RN, CMSRN, CNML

American Association of Critical Care Nursing (AACN) Dallas Chapter, secretary-elect

Meron Gulilat, BSN, RN, CGRN

North Texas Society of Gastroenterology Nurses and Associates, secretary



Methodist Celina: Expanding our reach

**Methodist Celina Medical Center will open its doors in 2025,
becoming the Collin County boomtown’s first full-service hospital.**

To serve the growing town of Celina and the surrounding communities in northern Collin County, Methodist Health System broke ground in April 2023 on its newest hospital. The four-story, 200,000-square-foot building is situated on a 40-acre campus, which will also include a 40,000-square-foot medical office building

“We’re honored to serve the growing city of Celina and its surrounding communities. We are dedicated to fulfilling the healthcare needs of our neighbors, which means engaging with them on a grass-roots level.”

**-President of Methodist Celina Medial Center
Cody Hunter, FACHE.**

The \$237 million facility will be one of Celina’s largest employers, creating more than 200 jobs in the growing community. It will open with 51 beds with shell space to expand to more than 100.

Methodist Celina will offer a range of specialties, including cardiology, cancer care, women’s services, orthopedics, and robotic surgery. It will also be equipped with:

- 30 medical-surgical beds
- 10 postpartum beds
- 10 intensive care unit beds
- 16 emergency department beds
- Three operating rooms, including a da Vinci® Surgical Services robot and shell space for an additional operating room
- A cardiac catheterization lab and two procedure rooms

Methodist Charlton headlines health fair at Trinity Church

Methodist Charlton Medical Center leaders, clinical nurses, staff, and physicians pulled out all the stops for the Trinity Church's first health fair on Aug. 12, 2023. Inpatient diabetes educator Charla Amos, MSN, RN, CDCES, along with colorectal surgeon Paul Hackett, MD, and nephrologist Paul A. Skluzacek, MD, both physicians on the medical staff at Methodist Charlton, delivered interactive presentations about diabetes, colorectal cancer, and kidney disease, respectively. CPR training and blood pressure checks were offered by cardiology department clinical nurses Michelle Hart-Rodriguez, BSN, RN, CCRN-K; Adriana Martinez, RN; Monica Clayton, BSN, RN, MEDSURG-BC; and Naomi Manry, RN. Nurse leaders David Molengraaf, MSN, RN, and Taylor Collins, DNP, RN, provided their support and participated in the educational activities.

The physical therapists conducted exercise sessions, and the human resource department spoke about career opportunities at Methodist Charlton.

Methodist Dallas ICU staff supports the Ronald MacDonal House

The Ronald MacDonal House is known for supporting families with children in the hospital by providing housing, meals, fun activities, and so much more — especially during the holiday season. This past Christmas, the intensive care unit staff at Methodist Dallas Medical Center ensured the young residents had plenty of toys by donating over 200. They also hosted a movie night, complete with hot chocolate!





Methodist Midlothian preparing the community for emergencies

Emergency department staff members from Methodist Midlothian Medical Center partnered with the city of Waxahachie and Ellis County’s Office of Emergency Management for the county’s Preparedness Fair. The event brought together first responders and other emergency preparedness experts for a day of safety demonstrations, along with children’s activities, food trucks, live music, and more. Located in the Downtown Square in Waxahachie, community members learned about resources in Ellis County, services at Methodist Midlothian, and the importance of developing a family emergency plan.

Methodist Mansfield supports vulnerable patients with essential supplies

The Practice Council commits to giving back to our community annually. This year’s activity supported patients in our care who are experiencing homelessness. A donation drive collected essential items for men and women, including basic hygiene supplies, a reusable water bottle, sunblock, sunglasses, lip balm, lotion, bandages, socks, undergarments, a light blanket, and seasonal clothing, such as shorts and short sleeve shirts in summer and sweatpants, long sleeve shirts, toboggan hats, and mittens or gloves in winter. The council purchased 75 backpacks and, with help from nurse residents, filled them with the supplies, then tag them as male/female and summer/winter. Over 2023, thirty-three vulnerable patients received backpacks with a few essentials to promote health.



Methodist Richardson serves as Santa's helpers

Methodist Richardson Medical Center continued its holiday tradition of sponsoring "Santa's Beary Good Hospital" at the city of Richardson's Santa's Village. Except for one rainy night, near-record crowds once again enjoyed the fun activities at each dwelling. This year featured an adaptive day that welcomed children with special needs, giving them full access to the festivities. There's just something magical when you see Christmas through the eyes of a child.



Methodist Southlake staff opened their hearts once again

Methodist Southlake Medical Center employees donated 144 toys to GRACE for its annual Christmas Cottage "store," which provides new, unwrapped gifts to families facing financial hardship due to limited income or recent emergencies. After a smile-filled shopping experience, kiddos can hop on Santa's lap and then choose something they saw in the Cottage that they have their hearts set on. Over 2,500 individuals and families are served at Christmas Cottage each holiday season.



Methodist
Charlton

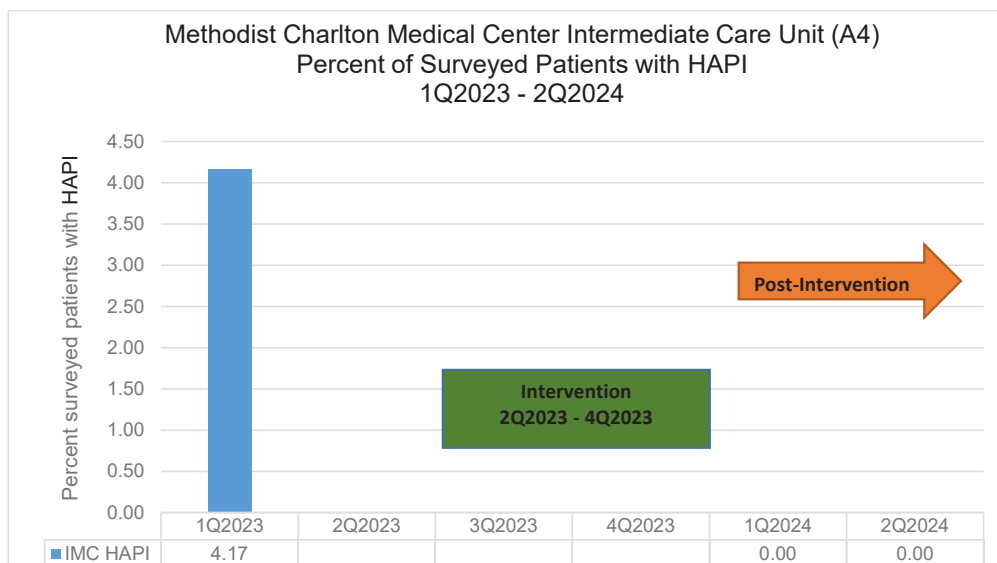
PURSUING EXCELLENCE: REDUCING HOSPITAL ACQUIRED PRESSURE INJURIES IN THE INTERMEDIATE CARE UNIT

GOAL: Decrease hospital-acquired pressure injuries by 50% from 4.17% to 2.10% by February 2024 in the intermediate care unit at Methodist Charlton Medical Center.

ACTION: Intensive care unit (ICU) Nurse Educator Annie Peel, BSN, RN, CCRN, NPD-BC; intermediate care unit (IMC) Nurse Clinical Coordinator Lisa Bennett, BSN, RN, PCCN-K; Kristin Vineyard, BSN, RN, CCRN, CMC; Vanessa Villarreal, PT, MPT; and Prathima Guntipalli, MD, MHA, LSSGB, PMP, partnered with wound care expert Tiffany Au, MSN, RN, CWOCN, to reduce hospital-acquired pressure injuries (HAPI) in the IMC patient population. In January 2023, the IMC HAPI point prevalence percentage was 4.17% — above the benchmark of less than 2.5%. Using the Plan-Do-Study-Act (PDSA) framework, the team applied for and received a Silver Fellowship in July 2023 from the Methodist Health System Improvement Academy. The following month, they began identifying HAPI contributing factors through a Gemba walk, fishbone diagram exercise, and payoff matrix to identify interventions that had high ease and high impact. These included using low-air-loss mattresses, performing two-RN skin assessments, using off-loading devices, and conducting observational rounding to hardwire the interventions.

The team collected pre-data in October 2023 and piloted the interventions the next month. Two new tools were added: a wound care roadmap, which showed interventions nurses could perform to prevent HAPI and when to consult the wound care nurse, and Pump it Up signs placed at the head of each patient's bed as visual reminders to use the low-air-loss mattresses. Additionally, the team assessed all beds, tagged and reported non-functioning mattresses, and recommended replacing old mattresses and air pumps with those approved by Methodist to streamline compatibility and address issues with mattress and pump mismatches.

OUTCOME: The IMC HAPI reduction team was successful in reducing the IMC HAPI point prevalence percentage. During January 2023, the IMC HAPI point prevalence percentage was 4.17% in first quarter 2023. Following the pilot study and interventions, the IMC HAPI point prevalence was 0% for first quarter 2024 and 0% for second quarter 2024.



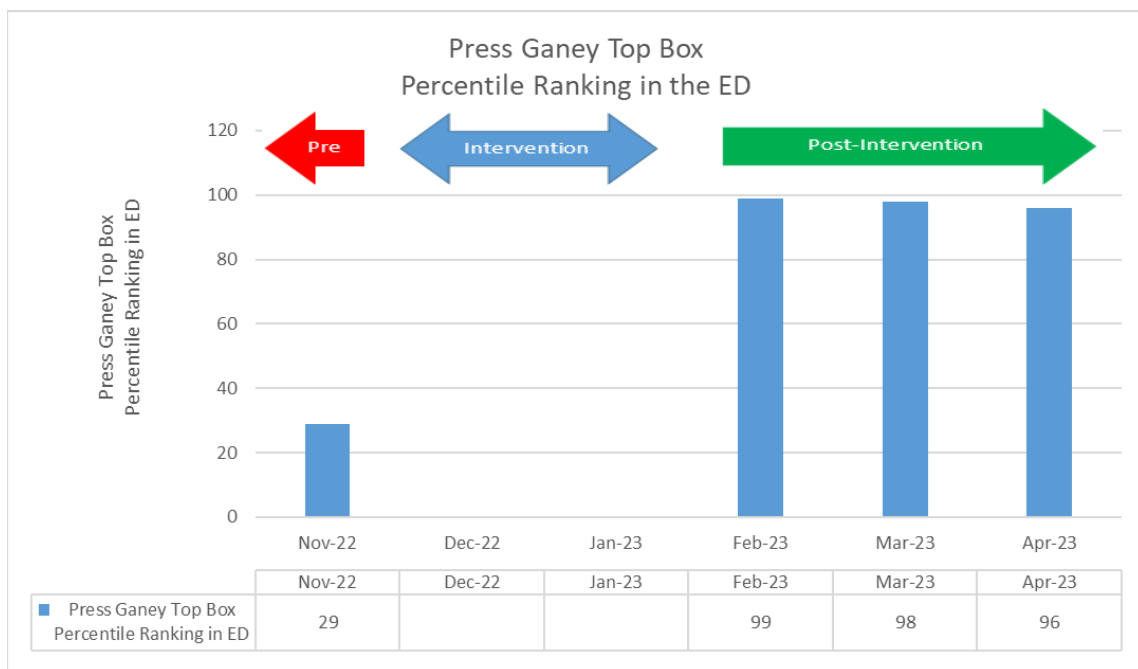
Methodist
Dallas

THE FAST TRACK TO IMPROVING PATIENT EXPERIENCE IN THE EMERGENCY DEPARTMENT

GOAL: The emergency department (ED) at Methodist Dallas Medical Center faced the lowest patient experience scores since before the COVID-19 pandemic. There were several reasons for the dip in patient experience: increased patient volume, higher acuity, and slow throughput times due to congestion in the inpatient units. The team began to lean into the idea of creating a separate Fast Track intended to expedite the care of lower acuity patients, decompress the waiting room, and improve the overall patient experience in the ED.

ACTION: The team had the idea to create a Fast Track in a separate area, formerly known as the Pink Zone, which was an overflow/temporary unit during COVID-19 surges. Terri Gibbs BSN, RN (triage nurse), and Ileia Schlumbrecht, BSN, RN, CEN (clinical team lead), used their expertise in ED patient flow and patient experience practices to make recommendations for the new care area, including workflow optimizations, a separate waiting area, hours of operation that aligned with peak flow times, and a separate supply stock to minimize foot traffic for staff.

OUTCOME: Once Fast Track was up and running, patient experience scores began to improve almost immediately. Within a few months, Top Box scores soared, and patient experience scores began to be a true indicator of the quality of care patients received in the ED. The creation of Fast Track rerouted the way lower acuity patients navigated through the ED and completely redesigned the workflow of providing expedited care. The Fast Track workflow also significantly improved the patient experience of the higher acuity patients who are treated in the main ED due to decreased wait times and expedited turnaround time in triage.



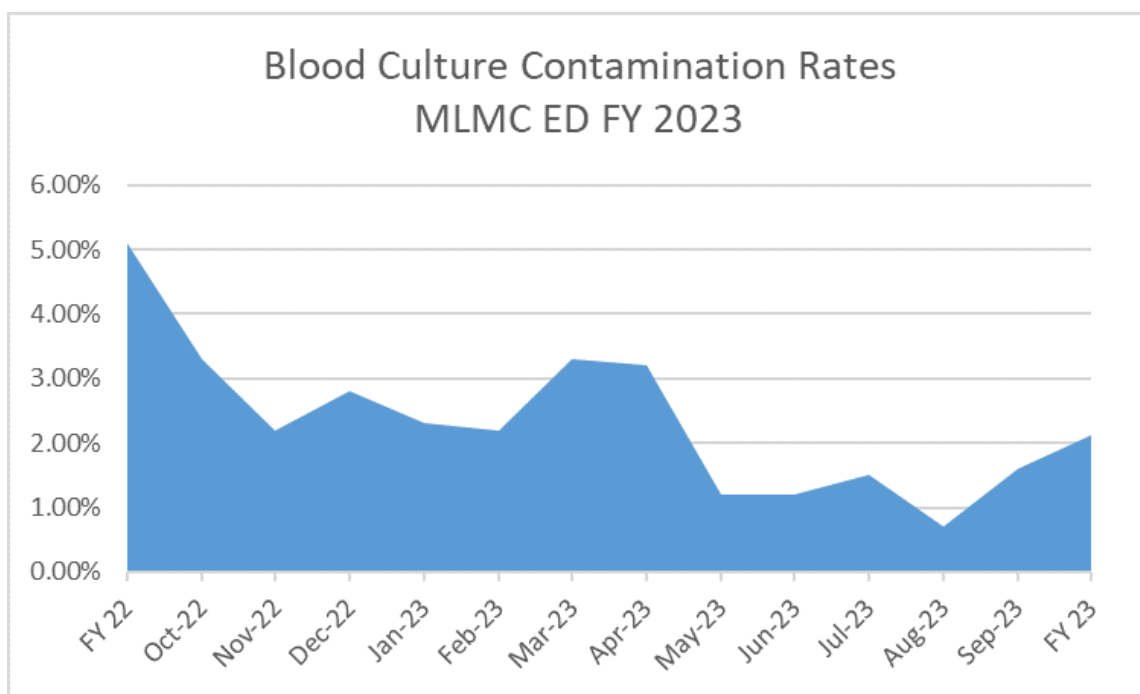
Methodist
Midlothian

DECREASING BLOOD CULTURE CONTAMINATION RATES IN THE EMERGENCY DEPARTMENT

GOAL: Methodist Midlothian Medical Center nursing staff in the emergency department (ED) set a lofty goal for fiscal year 2023 to decrease blood culture contamination rates by approximately 40%, down to the benchmark of less than 3%.

ACTION: As part of this project, nursing looked at the curAs part of this project, nursing staff looked at the current process and charted how blood cultures were being collected. In this analysis phase, they determined that there were deficiencies in several fields, but most notably in collecting blood cultures after using an ultrasound-guided technique for intravenous catheter placement. In response, nursing staff implemented a new process using sterile gel for the collected blood cultures and ultrasound probe covers while placing these catheters and provided thorough education on following this practice. They stressed using two different collection sites and ChloroPrep™ scrubs to prepare the area, as well.

OUTCOME: The outcome was astonishing. Overall, after implementation of these techniques, the ED saw an approximate decrease of 58% in contamination and drove down our contamination rates from 5.1% in fiscal year 2022 to 2.13% in fiscal year 2023.



Methodist
Mansfield

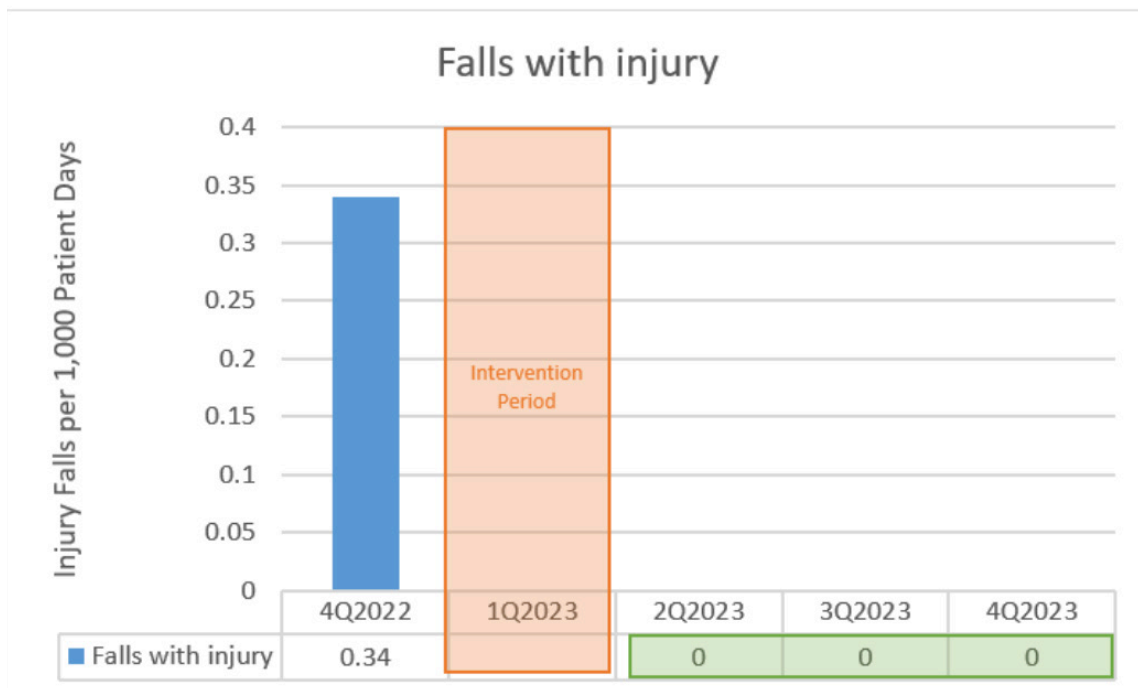
PREVENTION OF INJURY FALLS IN THE TELEMETRY UNIT (A3 CARDIAC TELEMETRY)

GOAL: Reduce injury falls from 0.34 to less than 0.2 per 1,000 patient days in the A3 cardiac telemetry unit at Methodist Mansfield Medical Center..

ACTION: The team, Shannon Wright, BSN, RN, MEDSURG-BC; Simon Nguyen, BSN, RN, MEDSURG-BC; Jacqueline Uy, BSN, RN, MEDSURG-BC; and Angela Morgan, BSN, RN, MEDSURG-BC, evaluated trended data for fiscal year 2022, which revealed a performance opportunity related to the unit Falls With Injury metrics ending fourth quarter 2022 at 0.34 injury falls per 1,000 patient days. The team decided to tackle this patient safety issue. The gap assessment revealed that patient leadership rounding was not consistent and did not include items for fall prevention. They determined a plan for daily rounding by the clinical team leader with a focus on fall prevention, including

accurate identification of fall risk, ensuring use of bed alarms, and providing prevention education to patients and families. Additionally, the team provided staff education on how to assess fall risk and the expected prevention interventions to be used. The intervention period was January – March 2023. These strategies for prioritizing patient safety while simple are very effective when hardwired.

OUTCOME: The team saw a reduction of falls from 0.34 injury falls per 1,000 patient days in fourth quarter 2022, sustaining this improvement at ZERO falls throughout the remainder of 2023.



Methodist
Richardson

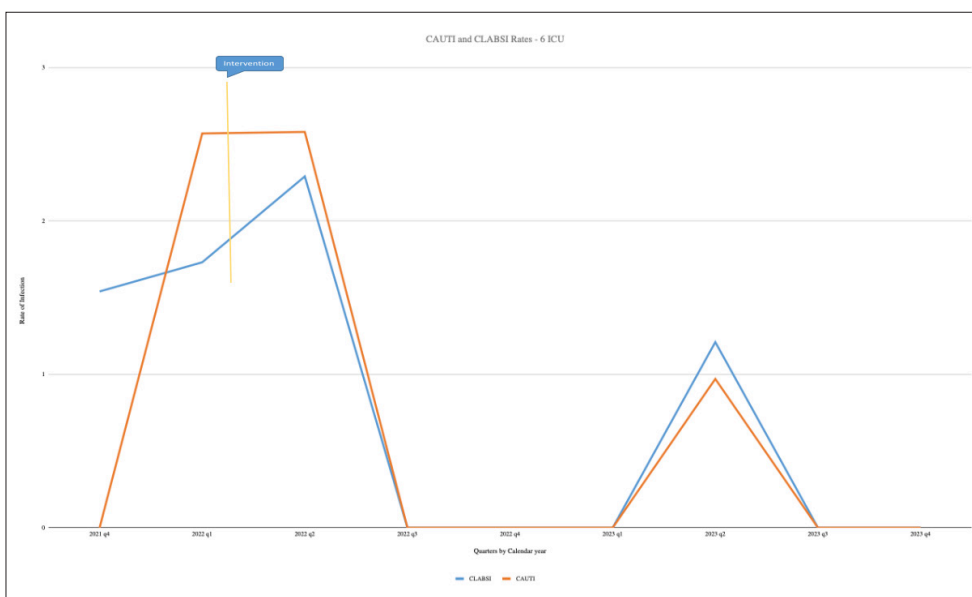
AUDITING THE CLABSI-CAUTI BLUES AWAY!

GOAL: Decrease the rate of hospital-associated infections in the intensive care unit (6 ICU) at Methodist Richardson Medical Center by developing a daily assessment tool to identify the necessity of lines and drains and help identify barriers to their removal.

ACTION: A daily audit tool was created to review each catheter and central line for indication, appropriate antiseptic cleaning practices, risks and complications associated with those risks, and necessities. This checklist was inserted into the unit’s daily process routine to ensure completion every 24 hours. Implementation involved orientation to the audit tool with the manager and all charge nurses, who practiced and determined the ideal time during the shift to start the assessment. Onc collected, the audit form was reviewed by the charge nurse, and findings verbalized during daily multidisciplinary rounds. These rounds included the primary and charge nurses, unit manager, intensivist, nursing clinical coordinator, and other interdisciplinary team members (PT, OT, etc.), and the tool facilitated discussions on the utilization of lines and drains, empowering the nursing team to ask, Do we still need this? The audit tool also provided a method for charge nurses to share

pertinent information between shifts, ensuring hygiene care was appropriately completed and documented. This ensured patient cleanliness, and for those requiring chlorhexidine baths, this audit validated completion or provided an opportunity to remind the nurses of this vital intervention.

OUTCOME: The implementation of the daily audit tool led to a significant reduction in hospital-associated infection rates. Initially, the rates of CAUTI and CLABSI were elevated, with CAUTI peaking in second quarter 2022. Following the intervention, infection rates decreased dramatically, with both CAUTI and CLABSI nearing zero by fourth quarter 2022. This outcome highlights the effectiveness of daily assessments, enhanced antiseptic practices, and interdisciplinary communication in reducing infection rates and improving patient outcomes in a critical care setting.



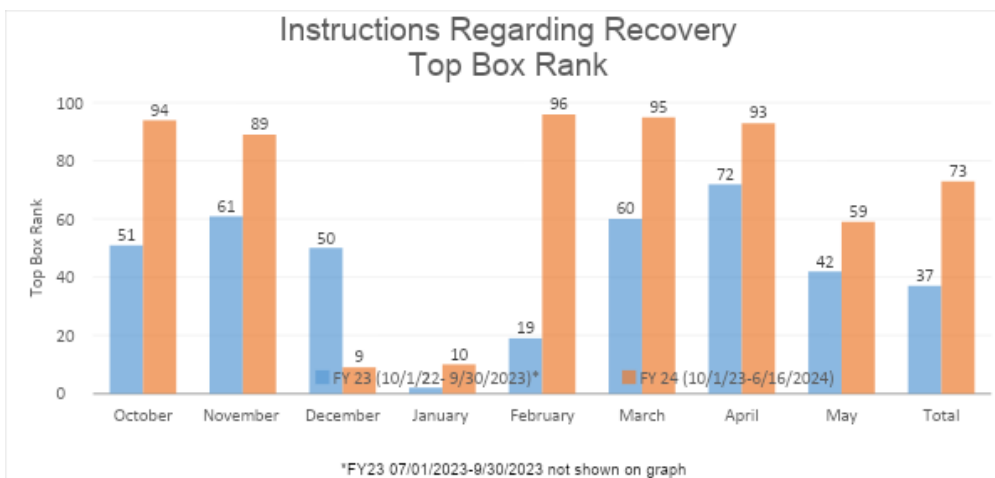
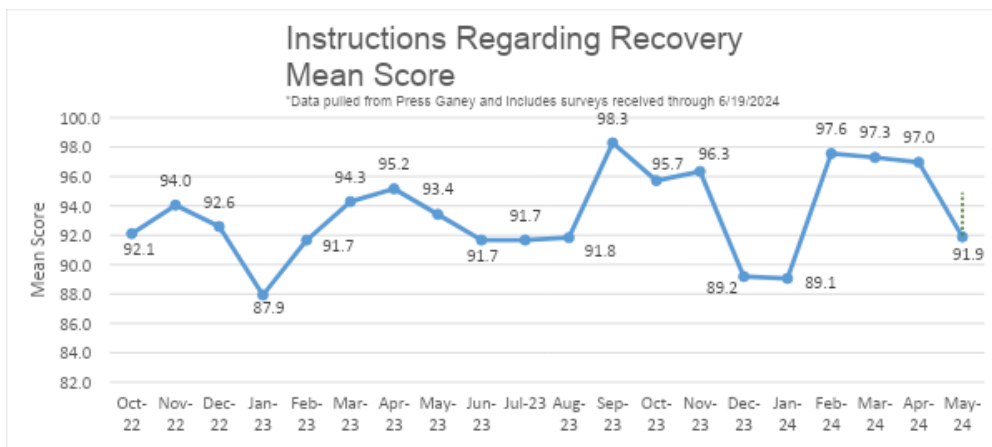
*Methodist
Southlake*

PATIENT PERCEPTION OF DISCHARGE READINESS

GOAL: Improve OASCAHPS (Outpatient and Ambulatory Surgery Consumer Assessment of Healthcare Providers and Systems) survey mean Patient Experience score for “Instructions Regarding Recovery” for Methodist Richardson Medical Center OR Main from 92.91 to 94.40 throughout the pilot (October 2023 – December 2023).

ACTION: The team developed practices to address the discharge process and flow by educating patients on discharge expectations preoperatively, providing verbal and written expectations and physically moving patients in the recovery phase to a new space..

OUTCOME: During the pilot phase of the project, which concluded in December 2023, the team hit the minimum goal with a mean score of 93.75 for “Instructions Regarding Recovery.” However, after six months in sustain mode, the mean score has risen to 94.67, surpassing the target. This improvement is reflected in the Top Box rank, which increased from 37 in fiscal year 2023 to 73 in fiscal year 2024 for this metric.



Methodist Charlton nursing council champions career growth and achievements

The Clinical Advancement and Recognition Council at Methodist Charlton Medical Center supports nursing excellence by fostering professional development and recognizing nurses' valuable contributions to the hospital and the communities it serves. Council members promote the Clinical Advancement Program throughout Methodist Charlton and mentor first-time applicants. They also show their appreciation by hosting weeklong activities to celebrate National Nurses Week and Certified Nurses Day, selecting quarterly DAISY® and Rose award winners, and participating in “ambushes” — pop-up parties to applaud nurses who have obtained an ANCC-approved board certification or advanced nursing degree.

Methodist Dallas Nurse Practice Council lowers CAUTI rates

Last year, Methodist Dallas Medical Center’s Nurse Practice Council launched the Urine Culture Timeout, a new process designed to decrease unnecessary urine specimens and, ultimately, reduce catheter-associated urinary tract infection (CAUTI) rates. The pilot program, initially implemented in the intensive care and urology (10ST) units, proved so successful that it was expanded to all adult inpatient units in 2023 with strong support from physician and nursing leadership. Council members presented the Urine Culture Timeout to medicine residents and conducted hospital-wide education with the assistance of the Nursing Education and Professional Development (NEPD) team. They continue to review avoided cultures and CAUTI data monthly for the program’s sustainability. Notably, the original pilot unit, 10ST, has remained CAUTI-free, surpassing the two-year milestone!



Methodist Richardson merges councils for more robust nursing support



In 2023, Methodist Richardson Medical Center’s Nursing Honor Council and Clinical Advancement and Recognition Council merged efforts to better support nurses. This combined council manages many recognition initiatives, including Certified Nurses Day, Nurses Week, patient care technician and nursing celebrations, and DAISY® and Bee awards. To support advancement, council members began coordinating unit “ambushes” — surprise celebrations — when a nurse or patient technician receives a national certification or advanced degree. They also empower peers to strive for excellence through the Clinical Advancement Program (CAP). With a goal to increase participation, CAP grew 71% in a year’s time, from 84 nurses in 2022 to 144 in 2023. The council’s targeted activities, like monthly workshops, unit visits, and helping nurses put together their binders, were key to this success.

Methodist Mansfield nurses increase OR skills with hands-on heart lab

The Methodist Mansfield Medical Center operating room staff participated in a hands-on heart lab provided by Baxter representative David Lynch, who supplied 18 pig hearts for staff to dissect. He guided the team through the heart’s anatomy, valve replacement, and which products help control and stop active bleeding during vascular and heart surgeries. The staff was able to touch and feel the veins and valves, reinforcing the advanced surgical procedures that they work with daily. Lifelong learning is essential to providing excellent patient care, and this educational opportunity sparked renewed pride in the OR surgical team’s daily contributions to the community.





Pathway to Excellence®: Full steam ahead at Methodist Midlothian

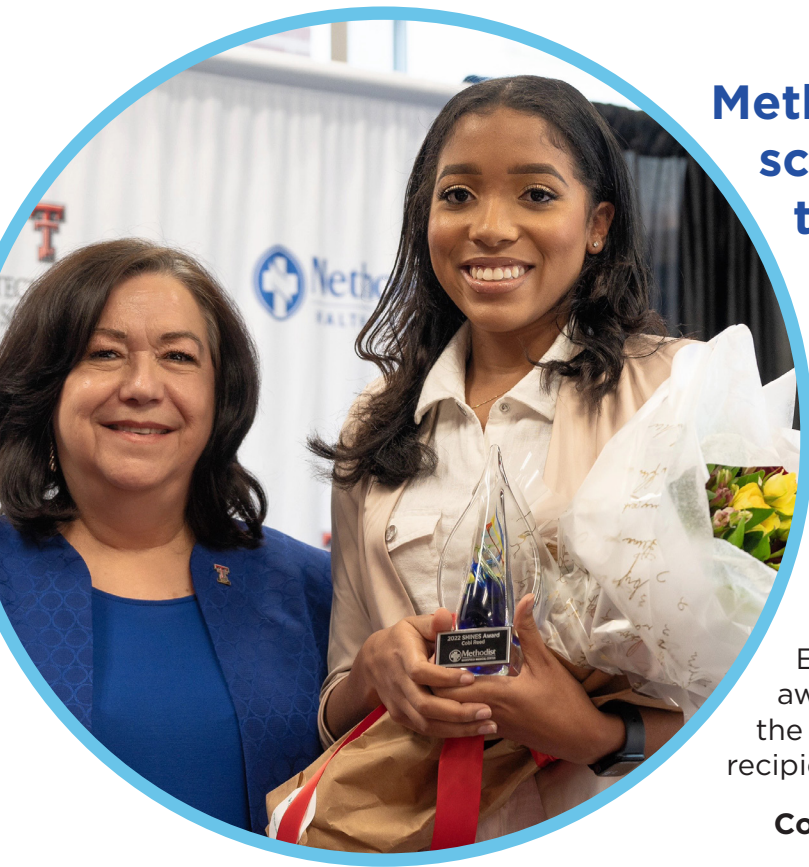
Methodist Midlothian Medical Center is committed to developing a healthy workplace that supports nurses and promotes high standards. To this end, the hospital is actively pursuing the Pathway to Excellence® designation. Conferred by the American Nurses Credentialing Center (ANCC), organizations must meet rigorous standards for developing a positive practice. In late September 2023, Vicki Hallum, BSN, RN, CBCN, organized a kickoff event to educate staff on these six ANCC standards for achieving Pathway to Excellence recognition. Methodist Midlothian's application was accepted with plans to submit in November 2024. The Pathway to Excellence journey continues!

Methodist Southlake's journey to become a STEMI-capable facility

Methodist Southlake Medical Center started January 2023 with a goal to become the closest 24/7 STEMI-capable hospital for thousands of residents in our service area. The interdisciplinary Pathway to STEMI team consisted of emergency department (ED), inpatient nursing, cardiology, and hospital leadership, as well as ED physicians and interventional cardiologists. The team developed STEMI protocols based on American Heart Association and American College of Cardiology guidelines. The service launched successfully, with continuous process improvements enhancing in-house protocols and communication with local EMS.

Our 300th patient was from Billings, Montana, in town to watch the FCS National Championship. After feeling severe chest pain, he found Methodist Southlake's ED through a quick internet search. Diagnosed with a heart attack, he was transported to the cardiac catheterization lab, where he received four coronary stents. He is now back in Montana, healthy, pain-free, and with a happy heart!





Methodist Mansfield's nursing school shines a light on top talent

Since its opening in 2021, the Texas Tech University Health Sciences Center School of Nursing at Methodist Mansfield Medical Center has become one of the most sought-after training sites for the university, second only to the nursing school on the Lubbock campus. To date, the school has produced 67 nursing graduates, many of whom have continued employment at the various Methodist Health System hospitals.

Each semester, Methodist presents the SHINES award to outstanding graduates who exemplify the health system's values. These are the award recipients through 2023:

Cobi Reed, BSN, RN – staff RN, Methodist Mansfield, A5 neuro-telemetry

Aubrielle Angell, BSN, RN – staff RN, Methodist Dallas Medical Center, emergency department

McKenzie McCollum – nurse resident, Methodist Mansfield, ICU

Destiny Nwoko, BSN, RN – staff RN, Dallas Children's, ED

Methodist Dallas earns inaugural Primary Heart Attack Center certification

The prestigious Primary Heart Attack Center certification from The Joint Commission signifies Methodist Dallas Medical Center's commitment to meeting the cardiac needs of the communities we serve. The multidisciplinary cardiology team has aligned with best practices to provide high-quality care for patients. This certification ensures effective care coordination across various settings, including identification, assessment, monitoring, management, data sharing, and performance improvement for multidisciplinary STEMI heart attack care.



Nursing program at Methodist expands with donor support

Dallas College Associate Degree Nursing Program at Methodist Health System (DC MHS) has been a nursing workforce pipeline program since 2005. In spring 2022, it expanded to accept up to 20 nursing students per semester. The students comprise Methodist employees, family members of employees, and active volunteers.

The program has been graciously blessed by an anonymous donor who has sponsored the student's tuition, books, and fees since 2020. This gift sets our nurse graduates up for success financially and professionally as they enter the nursing workforce.

- Fall 2023 and Spring 2024 graduates achieved a 100% NCLEX first-time pass rate
- The program has produced 367 graduates, 157 BSN graduates, 74 nurses enrolled in a BSN program, 31 MSN graduates, and 21 nurses enrolled in an MSN program
- Postgraduation retention: 100% Year 1, 94% Years 1 and 2, 80% Years 2 and 3

Graduate Highlight:

Aliya Alidina

Aliya Alidina, MSN, RN, CCRN, was accepted as a student in the DC MHS nursing program a year after graduating high school. After her first semester in nursing school, she became a patient care technician at Methodist Dallas Medical Center. Then in fall 2015, she accepted a nurse residency position in the neuro critical care unit at Methodist Dallas. She completed her bachelor's degree in nursing within her first year as a registered nurse and went on to complete her master's degree in nursing education from the University of Texas at Arlington in May 2023. Alidina is currently a nursing professional development practitioner in the Nursing Education and Professional Development department at Methodist Dallas and coordinates the Methodist "Grow Our Own" Patient Care Technician internship program.



Methodist advances standards of excellence through ANCC's PTAP

Methodist Health System continues to provide nurse residents exemplary transition-to-practice programs. These are vital for new graduate nurses as they foster skill development, increase their competency and confidence in practice, and ensure that they are well-prepared, which can lead to better patient outcomes and reduced medical errors. By promoting a sense of belonging, collaboration, and structured support, these programs help new nurses integrate into the healthcare team, reduce turnover rates by addressing common challenges, and lead to higher job satisfaction and retention.

Through the structure provided by the American Nurses Credentialing Center (ANCC) Practice Transition Accreditation Program® (PTAP), Methodist Charlton, Methodist Dallas, Methodist Mansfield, and Methodist Richardson Medical Centers can offer nurse residents an experience that many other healthcare organizations cannot. In 2023, Methodist welcomed 277 new graduate nurses into our 12-month residency program.

The backbone of the programs are the Methodist team members who work to ensure we meet those standards of excellence. It takes a village of leaders, educators, preceptors, and other professional team members to grow our future workforce. However, the PTAP coordinators — the behind-the-scenes force — provide the structure, rigor, and guidance that shape their experience. Their commitment to Methodist, our patients, and each other is the foundation for success. They are role models, facilitators of learning, mentors, leaders, and champions for the programs.

Below are the program coordinators at our accredited campuses. **They SHINE like no other.**



Cherie James
MBA-HM, BSN, RN,
NPD-BC, ONC
Methodist Charlton



Dr. Laurine Ndlovu
DNP, RN, MEDSURG-
BC, NPD-BC
Methodist Dallas



Tonya Peña
MSN, RN, NPD-BC
Methodist Mansfield



Debra Kahnen
BSN, RN, NPD-BC,
CMSRN
Methodist Richardson

Methodist Charlton nurse leaders advocate for resources to support organizational goal



The MCMC Cath Lab uses the daily unit safety huddle to align with the MHS goal to deliver safe the effective healthcare and exemplify a high reliability organization. During huddles Cath Lab RNs and techs present patient safety issues to Ingrid Kindipan, PhD, RN, CCRN, and director of cardiopulmonary services. Kiah Bennett, RN, CCRN, and Kris Bramlett, BSN, RN, told Kindipan about an ultrasound machine that could no longer download images to the patient's electronic health record. Physicians rely on the ultrasound machine for procedures that require enhanced arterial and venous access and capturing critical images for the patient's medical record. Kindipan placed the issue on the huddle board tracker, which led to new equipment being purchased. Safety huddles empower nurses to address safety issues and advocate for resources, which epitomizes high reliability and nurse leader advocacy.

Methodist Southlake participates in northeast Tarrant County's first EMS conference

Methodist Southlake Medical Center recently partnered with the Southlake Fire Department to present northeast Tarrant County's first EMS Conference. It was an informative, fun day that connected like-minded professionals dedicated to the field of emergency medicine. Methodist Southlake President Benson Chacko, FACHE, and Vice President of Nursing and Chief Nursing Officer Kathryn Ufolla, MHA, BSN, RN, CCRN, kicked off the conference with a welcome address. EMS practitioners and nurses received continuing education on STEMI recognition, cardiology case studies, ketamine use in emergency medicine, best practices in resuscitation, the myths and misconceptions of pre-hospital trauma management, and more.



Methodist Midlothian provides MISD students hands-on opportunities

Health science students from Midlothian and Midlothian Heritage high schools attend an annual medical symposium and tour at Methodist Midlothian Medical Center. Nurses, leaders, and physicians on the medical staff share their expertise, guide students through hands-on learning opportunities, and discuss future career pathways.

“It’s an honor for us to have the opportunity to invest in the next generation of healthcare leaders,” states Jeremy Taylor, MHA, BSN, RN, TCRN, chief nursing officer and vice president of nursing at Methodist Midlothian. “These high-caliber students were extremely engaged in the unique experience, and it’s always a pleasure getting to share about the career opportunities in the medical field.”

Methodist Richardson strengthens its position as healthcare cornerstone

Methodist Richardson Medical Center continues to be a beacon of high-quality care in northern Dallas and southern Collin counties as it expands its facilities. With continued demand for emergency care, the hospital has expanded the emergency department (ED) from 23 beds to 43. This includes a new trauma zone with 10 beds, newly dedicated emergency treatment beds, and a revamp of the previous 20-bed area. As volume increased in the ED, so did the wait time for inpatient beds. In response, the hospital has opened a 25 bed medical-surgical unit (5 Medical), and stepdown critical care unit (5 IMC) will be up and running by the end August 2024. This will bring the total licensed bed count to 387; full occupancy is anticipated within a few days. In order to undertake these expansions, nurses and nurse leaders spent time providing input and feedback on equipment, processes, and workflows for these units. We are grateful for their hard work and commitment.





Methodist Mansfield prioritizes advanced care of stroke patients

One of the goals of the Methodist Mansfield Medical Center Mission 2025 strategic plan was to advance the neuroscience service line, which included a key initiative to achieve thrombectomy-capable stroke center certification. Mechanical thrombectomy is a surgical procedure in which a catheter is inserted into an artery to access and remove a blood clot in the brain. When a large vessel occlusion is diagnosed promptly, the procedure can minimize permanent brain damage and improve clinical outcomes.

After a year of hard work by Methodist Mansfield's Stroke Work Group and internal neurology operations team, the hospital went live as thrombectomy capable on Dec. 12, 2023. The first thrombectomy was performed a couple of weeks later on New Year's Eve with a successful outcome, and four subsequent procedures have all been successful as well.

This initiative was led by Rachel Cochran, BSN, RN, CCRN, nurse manager of the neuro trauma ICU, and Frank Archuleta, MSN-RN, MBA, nurse manager of cardiology and interventional radiology (IR). These two nurse leaders worked with an inter-professional team of neuro IR physicians, anesthesiologists, nurses, radiology leaders, IT staff, EMS personnel, administrators, and other ad hoc stakeholders.

Methodist Mansfield has continued to advance the neuroscience service line with the opening of a new specialized neuro trauma ICU in January 2024.



EXCELLENCE IN NURSING AWARDS

D Magazine's annual Excellence in Nursing Awards honors outstanding North Texas nurses in three categories: direct patient care, leadership, and education. In 2023, Methodist Health System celebrated 18 winners of this elite recognition. These nurses were selected for their impact on the nursing profession and community, as well as their influence on their organization's standards or policies.

HONOREES

Amber Martinez
RN - MDMC

Anne-Gret Friedrich-Cuntz
MSN, EdD, RN, CMSRN - MCMC

Beena Mathai
MSN, RN, CCRN - MRMC

Brent Courville
BSN, RN, CCRN, SCRNP - MDMC

Diana Alonzo-Donjuan
BSN, RN - MDMC

Jordan Davenport
BSN, RN - MDMC

Kelly Wilburn
RN, OCN - MDMC

Kimberly Burgess
BSN, RNC-OB, NP-BC - MCMC

Laura Megionigal
BSN, RN, -BC - MCMC

Lauri Rodgers
RNC-OB - MCMC

Lisa Cawthon
BSN, MS, RN, NP-BC - MCMC

Mary Walters
MCMC

Misty Potter
RRT, BSN, RN - MRMC

Rachel Cochran
BSN, RN, CCRN - MCMC

Rae Delgado
BSN, RN, SCRNP - MCMC

Rhonda McGaughey
BSN, RN, RNC-OB, C-ONQS - MDMC

Sarah Sharp
MSN, RN, MEDSURG-BC - MDMC

Vicki Hallum
BSN, RN, CBCN - MCMC

GREAT 100 NURSES

The Dallas-Fort Worth Great 100 Nurses annual celebration recognizes 100 nurses for being role models, leaders, community advocates, compassionate caregivers, and significant contributors to the nursing profession. The nurses come from all practice areas of nursing.

Six Methodist Health System nurses were named in 2023:.



HONOREES

Cheryl Koch, MSN, RN

Diana Alonzo-Donjuan, BSN, RN

Jessica Carpenter, BSN, RN, PMH-BC

Jordan Davenport, BSN, RN

Julie Norris, MSN, RN, NEA-BC, MEDSURG-BC

Kelly Wilburn, RN, OCN

THE DAISY® AWARDS

The DAISY® Award is a nationwide program that rewards and celebrates nurses for their compassionate care and extraordinary clinical skill. In 1999, It was created through a foundation set up by a grateful patient’s family as an ongoing memorial in recognition of their loved one, J. Patrick Barnes, and the role compassionate nurses played in his patient care.



INDIVIDUAL HONOREES

Alejandra Landa
BSN, RN

Angela Morgan
BSN, RN, MEDSURG-BC

Ashley Tuttle
BSN, RN, CCRN

Ashley Wallace
BSN, RN

Beverly Hill
BSN, RN, MEDSURG-BC

Brandy Green
BSN, RN, CCRN

Cynthia Noulas
RN, C-EFM

Glenly Bethards
BSN, RN, MEDSURG-BC

Guadalupe Enriquez
BSN, RN

Janice Carriere
BSN, RN (ICU)

Jennifer Williamson
BSN, RN, CCRN

Jillian Tran
MSN, RN

Joyce Tomah
BSN, RN

Kate Burton
RNC

Laura Nguyen
BSN, RN

Lisa Franklin
ADN, RN, RNC-OB

Luis Jimenez
BSN, RN, MEDSURG-BC

Molly D’Souza
BSN, Rn, CCRN, PCCN

Nadew Taddesse
BSN, RN

Randi Hablo
BSN, RN

Rosa Moctezuma
BSN, RN, MEDSURG-BC

Ruth Kinyanjui
BSN, RN

Ryan Batac
BSN, RN, CCRN

Shawna Oliver
RN

Shelbi Ellison
RN (ICU)

Thuy Cisneros
BSN, RN, RNC-MNN

TEAM HONOREES

Methodist Charlton Medical Center
Women’s and children’s services

Methodist Midlothian Medical Center
Women’s and Children’s Services

Barravita Gonzales, BSN, RN,
RN-MNN

Gladys Davilla, BSN, RN

Nyssa Villacorta, MSN, RN, RNC-OB

Randi Johnson, BSN, RN

Raquel Escalante, BSN, RN, RNC-MNN



Methodist Mansfield CNO honored by the Texas Hospital Association

March 2023 – Vice President of Nursing and Chief Nursing Officer Nora Frasier, DNP, MBA, RN, FAONL, NEA-BC, FACHE, was chosen as one of “23 Women to Know in Texas Hospitals, Health Care, and Public Policy” by the Texas Hospital Association. The Methodist Mansfield Medical Center leader was acknowledged for the profound influence she has had on the hospital.



Rex McRae Scholarship awarded to Methodist Mansfield nurse

April 2023 – The Dallas-Fort Worth Hospital Council awarded ICU Extern Nikki Uribe, BSN, RN, the 2023 Rex McRae Scholarship. Bestowed annually, the scholarship supports and encourages the education and professional development of nursing students.



Methodist Mansfield emergency nursing team receives CareFlite Award

September 2023 – CareFlite, the fully integrated medical transport company serving North Texas, recognized Methodist Mansfield Medical Center caregivers for their extraordinary care, clinical skills, compassion, and servant leadership: Karen Yates, MSN, RN, NPD-BC, CEN, EMT-P, for nursing leadership; Amanda Ortega, BSN, RN, for clinical nursing skills; and Alan Taylor, MD, for physician leadership.

Methodist Awards & Recognition

Every year during National Nurses Week, Methodist Health System recognizes nurses for their service and dedication to others. These 2023 recipients were commended for elevating the practice of nursing and contributing to a positive environment where nurses can excel.



Mansfield Highlight: Jade Tra

Jade Tra pushes herself professionally, and this is evidenced by maintaining four professional certifications. She is invested in her professional development so that she can contribute to Methodist Health System’s mission, vision, and values. Exuberating teamwork, taking great care of patients, being helpful and supportive of the team, positive, and collaborative are some of the qualities for which Tra is known. Her clinical expertise, combined with her compassion, patience, and teaching ability, make her a role model deserving of recognition as Clinical Nurse of the Year.



Midlothian Highlight: Amber Moose

Amber Moose serves as a charge nurse in the intensive care unit (ICU) and relief house supervisor at Methodist Midlothian Medical Center and embodies the commitment to compassionate care with our patients. She was instrumental in establishing a Unit-Based Committee for the ICU, which gives strong self-governance and autonomy to the nurses who work in the unit. Moose is a strong communicator within the hospital and ensures appropriate resources are in place for newly admitted patients.



Dallas Highlight: Ramon Soto

Ramon Soto joined Methodist Dallas Medical Center as a nurse resident in 2020, and he was a shining star from the beginning. Since completing his residency on the cardiology medical-surgical unit, he quickly developed a passion for pouring his knowledge into novice nurses. In 2023, he was nominated a whopping 13 times by his peers as Preceptor of the Year! His patience, accountability, and passion for excellence make him an inspiring preceptor as he invests his heart into each preceptee.



Richardson Highlight: Cheyenne Martin

Cheyenne Martin joined Methodist Richardson Medical Center in 2020 as a new graduate nurse resident and quickly became a vital part of the team. Though this was a second career for her, she used her life experiences to excel as a strong preceptor. Nurses she has precepted say, “She helped me find my voice as a nurse and helped me figure out what nursing was for me and what kind of nurse I was going to be, and the best version of myself.” For these reasons and many more, this is Cheyenne’s 2nd year to win this award.

METHODIST CHARLTON MEDICAL CENTER

Partnership Award
Xavior Simon (Care Transition Navigator)

Nursing Services Caregiver of the Year
Ebony Headspeth, A7 PCT

Educator of the Year
Kathryn Young, RN, A8 ICU

Rookie of the Year
Adriana Martinez, BSN, RN, A6

Clinical Nurse of the Year
Cristela Lazo, LVN, Family Medicine

Sharon Harvey Nursing Excellence Award
Jeremy Guthrie, BSN, RN, CCRN, A8 ICU

The DAISY® Nurse Leader Award
Shelby Anguiano, MSN, RN, Nurse Manager A6

The Daisy® Team Award
Labor and Delivery Team

METHODIST DALLAS MEDICAL CENTER

Clinical Nurse of the Year
Esmir Mujkic, BSN, RN, CCRN

Nurse Preceptor of the Year
Ramon Soto, BSN, RN, MEDSURG-BC

Nurse Leader of the Year
Tuvvy-Pham, BSN, RN, CCRN

Nurse Educator of the Year
Karen Burnett, MSN, RN, RNC-OB, RNC-EFM

Nurse Rookie of the Year
Gabriella Padilla, RN

Nursing Services Caregiver of the Year
Antonio Bowers, PC

Partnership Award
Maria Calzada, EVS

METHODIST MIDLOTHAN MEDICAL CENTER

Nurse Leader of the Year
Amber Moose, RN - ICU

Clinical Nurse of the Year
Nancy Saenz, RN - Labor & Delivery

Nursing Services Caregiver of the Year
Anthony Moore, CST - Surgical Services

Pulmonary Partner Award
Tamel Parrish - Respiratory

Partnership Award
Shawn Lucas - ER Clinical Secretary

Nurse Leader of the Year
Amber Moose, RN - ICU

METHODIST MANSFIELD MEDICAL CENTER

Partnership Award
Shantrice Brumfield, A5 Neuro

Nursing Services Caregiver of the Year
Heather Toman, ED

Nurse Educator of the Year
John Derouin, MSN, RN - ED

Nurse Rookie of the Year
Christine Shaw, BSN, RN - A4 Oncology

Clinical Nurse of the Year
Jade Tra, BSN, RN, CCRN - ICU

Nurse Innovator of the Year
Kayla Taulbee, BSN, RN - A5

Nurse Leader of the Year
Kourtnei Parker, BSN, RN, CCRN

Rose Award
Paulette Fecunda
Misty Chandler
Rachel Longo

Clinical Nurse of the Year
Jade Tra, BSN, RN, CCRN, CSC, SCRNI

METHODIST RICHARDSON MEDICAL CENTER

Educator of the Year
Elizabeth Cusimano, MSN, RN, CEN

Nurse Leader of the Year
Jasmine Smith, BSN, RN, PCCN

Preceptor of the Year
Cheyenne Martin, BSN, R

Nurse Rookie of the Year
Sheena Chrisostom, BSN, RN

Nurse of the Year
Nghia "Nick Bui", BSN, RN

METHODIST CHARLTON

Aaron Nichols, RN, CNOR
 Abdow Mohamed, RN-BC
 Adejumo Akinlolu, MSN, RN, RN-BC
 Adeola Ese, BSN, RN, CMSRN
 Agbanaje Tochukwu, BSN, RN-BC
 Aisha Honore-Otis, MSN, MBA, RN, CMSRN
 Alaana Garris, MSN, RNC-NIC, NNP-BC
 Alethea Maberry, BSN, MS, RN, NP-BC
 Alexander Ugorji, BSN, RN, WTA-C
 Alisha Wildee, BSN, RN-BC
 Almira Padilla, BSN, RN, CMSRN
 Amanda Binnix, MBA, BSN, CEN, CPHQ
 Amanda Taylor, BSN, RN-BC
 Amandine Ferre, BSN, RN, CCRN
 Amarylin Baharona, DNP, RN, CNM-APRN, C-EFM
 Amber Long, BSN, MBA, FACHE, OCN, CPHQ
 Andrew Gutierrez, BSN, RN, CCRN
 Angela Stutzman, BSN, RN, CNBN
 Anna Smith, BSN, RN, CCRN
 Annaliza Maristela, BSN, RN, PCCN
 Annalyt Fontillas, MSN, RN, CMSRN, PCCN
 Anne-Gret Friedrich-Cuntz, EdD, MSN, RN, CMSRN
 April Bartley, BSN, RN, IBCLC
 Ashley Davis, BSN, RN, CCRN
 Ashley Nava, BSN, RN-BC
 Bala Suvarna Potla, MBA, MHSM, RN, LSSBB
 Barbara Eaton, BSN, RN, WTA-C
 Berenise Yanez, BSN, RN, CCRN
 Bertha Villarreal, RN-BC
 Betty (Kathy) (Lovins.) Laue, BSN, RN, CNOR
 Beverly Fennell, BSN, RN-BC
 Bijula, Joy, BSN, RN-BC, SCR
 Blaire Beaty, BSN, RN PCCN
 Bobbie Thomas, RN-BC
 Brenda Young, RN, CCRN
 Brittany Mason, BSN, RN, WTA-C
 Buntrabe Sillah, BSN, RN, PCCN
 Cathy Nelson, BSN, RN, CMSRN
 Charla Amos, MSN, RN, CDE
 Charlene Hernandez, RN, CNOR
 Chelsea Knight, BSN, RNC-NIC
 Chelsea Styles, BSN, RNC-OB
 Cherie James, BSN, MBA-HM, CCRN, ONC, NP-BC
 Christie Akaduh, BSN, RN-BC Med-Surg
 Christopher Page, BSN, RN, CCRN
 Christopher Witkowski, BSN, RN, WTA-C
 Consuelo Mendoza, BSN, RN, PCCN
 Courtney Turner, BSN, RN-BC, ONC
 Cynthia Richards, BSN, RN, CCRN
 Danielle Testa, RNC-OB
 Deanna Lewis, BSN, RN-BC
 Debbie Moreno, BSN, RNC-MNN
 Deborah Shoemaker, RN, CNOR
 Donna Lawless, MSN, RN, HCAP
 Edalina Bacani, BSN, RN, PCCN
 Edgar Ollarzal, BSN, RN-BC
 Edna Olivares, BSN, RN-BC
 Elena Saldivar, BSN, RN, CCRN
 Elijah Moriango, BSN, RN, CCRN
 Elizabeth Jacinto, BSN, RNC-OB
 Elsa Estrellas, BSN, RN, ONC (Ortho)
 Emily Wheelers, BSN, MBA, RN, CEN
 Emma Vega, BSN, RN, CCRN
 Erica Harris, BSN, RN, BHCN
 Esperanza Garza, BSN, RN, CNOR
 Esther Bernard, BSN, RN, RN-BC
 Esther Mendoza, BSN, RN, WTA-C
 Faith Shinawaga, BSN, RN, CCRN
 Fatou Assokom, MSN, RN, ACGNP
 Franklin Martin, RN, CNOR
 Gaudencia Mahembe, BSN, RN, WTA-C
 Gissela Chujutalli, BSN, RN, PCCN
 Gladys Fulbright, BSN, RNC-OB
 Hailee Belli, BSN, RN, CCRN
 Harvey Huebotter, BSN, RN, CEN
 Heronda Castille, MSN, RNC-MNN
 Huldah Pimentel, BSN, RN, ONC, Ortho
 Ingrid Kindipan, PhD, MSN, RN, CCRN
 Irene Mutheu, BSN, RN, CCRN, CEN
 Jacquelyn Osborne, RNC-OB
 Janneth (Francisco) Soto, BSN, RN, CCRN
 Jason Cochran, BSN, RN, PCCN
 Jean Rodriguez, BSN, RN-BC
 Jennifer Daugherty, RNC-OB
 Jennifer Jones, BSN, RNC-OB
 Jeremy Guthrie, BSN, RN, CCRN
 Jeremy Taylor, MHA, BSN, RN, CENP
 Jessy Jesusdas, BSN, RN, CMSRN, SCR
 Jin Sung, MSN, ARNP, FNP-C
 Jocelyn Ruiz, BSN, RNC-MNN
 Jordan Mitchell (Smith), BSN, RN, CCRN
 Joren Snoderly, BSN, RN, CNOR
 Joshua Bennett, RN, CCRN
 Joyness Meijas, BSN, RN, CCRN
 Juan Acuna, BSN, RN, CEN
 Judith Agbay (Argarin), BSN, RN, ONC
 Julia Obiero, RNC-MNN
 Juliana Akabua, MSN, RN, FNP
 Juliet Tennison, PhD, RN, CMSRN
 Justin (Wes) Weir, RN, CGRN
 Kasie Newton, BSN, RN-BCn
 Katherine Simson, BSN, RNC-OB
 Kathy Ivison, BSN, RN, CCRN
 Katrina Nesbitt, BSN, RN-BC, RNC-MNN
 Kelly Wilson, BSN, RNC-LRN
 Kerri Lampe, RN, CCRN, CMC
 Kevin Koshy, BSN, RN, CCRN
 Kevin Peterson, RN, CCRN
 Kiah Bennett, RN, CCRN
 Kim Dao, BSN, RN, CMSRN, CPICC
 Kimberly Burgess, BSN, RNC-OB, NP-BC
 Kimberly Head, BSN, RN-BC
 Kristi Tips, MSN, RN-BC
 Kristin Vineyard, BSN, RN, CCRN, CSC
 Lacie Smith, BSN, RN, CNOR
 Laura Ball, BSN, RN, CEN
 Laura Megonigal, BSN, RN-BC
 Lauri Rodgers, RNC-OB
 Lisa Bennett, BSN, RN, PCCN
 Lisa Cawthon, BSN, MS, NP-BC
 Lisa Franklin, RNC-OB
 Luritta Owens, BSN, RN, CCRN
 Marlene Fernando, BSN, RN, CPAN
 Mary Francis, BSN, RN, PCCN
 Mary Jo Walters, BSN, RNC-LRN
 Mary Kay Swift, MSN, RN, CNOR, NEA-BC
 Mary Samuel, BSN, RN, PCCN
 Maureen Smith, RN, CGRN
 Melissa Mejia, BSN, RN, CNOR
 Mercedes Lopez, MSN, RN, CENP, CPHQ
 Mercy George, BSN, RNC-OB
 Merioth Ndirangu, BSN, RN-BC
 Michael Lacour, BSN, RN, CCRN
 Michael Marr, RN, CMC
 Michelle Comeaux, BSN, RN, C-EFM
 Michelle Estrada, BSN, RN, WTA-C
 Michelle Hart-Rodriguez, BSN, RN, CCRN
 Michelle Trujillo, BSN, RN, CRRN
 Mickey Hanes, MSN, RN, CEN
 Misti Perkins, RN, CNOR
 Mosun Ajenikoko, MSN, RN, RN-C
 Nancy Machuca, RN, WTA-C
 Patricia Horton, RN, CNOR
 Prudence Owusu-Prempeh, MSN, AGACNP-BC
 Rachael Davila, RN, CCRN
 Racquel Cabanas, BSN, RNC-MNN
 Rae Delgado, BSN, RN, SCR
 Regina Butler, RN-BC, WTA-C

Renna Davis, RN-BC
 Rissa Gaufo, BSN, RNC-LRN
 Robin Hawkins, BSN, RN, CEN, CCRN
 Roniesha Banks, BSN, RN-BC
 Rosharion Dancy, BSN, RN, C-MNN
 Sarah Jones, BSN, RN, CMSRN
 Seo Suunrye, MSN, RNCV-BC, NP-BC, CCRP
 Sharmila Evans, BSN, RN, WTA-C
 Sharon Davis, RN, CCRN
 Sharon Ray, RN, CMSRN
 Sharon Ray, RNC, WTA-C
 Sheethal Varghese, BSN, RNC-OB
 Sherra Holmes, BSN, RN-BC
 Sherry Webb-Nance, RN-BC
 Shirley Philip, BSN, RN, ONC
 Simplicio Sagutaon, BSN, RN, CCRN
 Stephanie Crocker, RN, CNOR
 Susan Watkins, RNC
 Suzanne Wheatley, BSN, RN, VABC
 Tamera Everette, MSN, RNC-OB
 Tammy Pikey, MSN, RN, CMSRN
 Tatie Obenita, BSN, RN, CEN
 Taylor Villarreal, BSN, RN, CCRN
 Teofila Loza, BSN, RN-BC
 Teresa Murray, BSN, RNC-OB
 Terry Smith, RN, CCRN
 Theresa Moriarty, BSN, RN, PCCN
 Tiffany Au, MSN, RN, CWOCN
 Tiffany means, DNP, MHA, RN, CENP
 Tik Sayabousasy, BSN, RNC-MNN
 Tochukwu Agbanaje, BSN, RN-BC
 Tracy Guyer, RN, CEN
 Vanessa Mongare, MSN, RN, CMSRN
 Veronica Romero, BSN, RNC-MNN
 Vicki Hallum, BSN, RN, CBCN
 Victoria Ramirez-Bocanegra, BSN, RNC-MNN
 Vivian Adeniyi, MSN, RN-BC
 Wally Carrion, BSN, RN, CEN
 Xiao Ni, BSN, RNC-LRN
 Yvonne Arevalo, RN, CCRN

METHODIST DALLAS

Abigail Calderon, BSN, RN, CMSRN
 Adam Guinn, BSN, RN, MEDSURG-BC
 Alex Waddle, MSN, RN, CBCN
 Alice Cho, BSN, RN, MEDSURG-BC
 Alex Walker, BSN, RN, CCRN
 Alicia Davis, BSN, RN, CEN
 Alicia Paredes, BSN, RN, CA-SANE
 Alisha Stringer, BSN, RN, ONS
 Alma (Yvette) Dixon, BSN, RN, MED-SURG-BC
 Alyssa Mitchell, MSN, RN, MEDSURG-BC
 Amanda Fisher, MHA, BSN, RN, BSRT
 Amanda Harper, BSN, RN, CCRN
 Amanda Rodriguez, BSN, RN, C-NIC
 Amanda Vazquez, BSN, RN, RNC-OB
 Amber Hart, RN, SGNA
 Amber Johnson, BSN, RN, NE-BC
 Angela Rheal, MSN, RN, SCR
 Amber Parker, BSN, RN, RNC-MNN
 Amy Wilder, BSN, RN, CCTC
 Andrea Stegall, BSN, RN, CNOR, CRNFA
 Angela Shephard, BSN, RN, CCRN
 Anna Dindak, BSN, RN, CCRN
 Anna Lou Pierce, BSN, RN, MEDSURG-BC
 Anne Fjordholm, BSN, RN, RNC-OB
 Annie Paul, RN, RNC-OB
 Anthony Hernandez, RN, CCTN
 Antonio Brame, BSN, RN, CCRN
 Ashley White, BSN, RN, CEN
 April Moriarty, BSN, RN, CCRN
 Ashley Ho, BSN, RN, CPAN
 Ashley Nava, BSN, RN, MEDSURG-BC
 Ashton Schieferecke, BSN, RN, CCRN

Ashley Miner, BSN, RN, PCCN
 Asif Kamal, RN, CMSRN
 Ashley Olvera, BSN, RN, CNOR
 Aubrey Fulton, BSN, RN, CCRN
 Audia Porteous, BSN, RN, RNC-MNN
 Avida King, BSN, RN, CCRN
 Azeb Lemma, BSN, RN, MEDSURG-BC
 Barbara Picazo, BSN, RN OCN
 Becky Briery, BSN, RN, CEN
 Belinda Cruz, RN, CCTC
 Belinda Holley, BSN, RN, CIC, CNOR
 Bernice Acosta, BSN, RN, MEDSURG-BC
 Benson Ndua, BSN, RN, MEDSURG-BC
 Berta Veloz, BSN, RN, CCRN
 Bettina Wagner-tatum, RN, RNC-MNN
 Bianca Dulaney, BSN, RN, MEDSURG-BC, SCR
 Bindhu John, RN, RNC, MNN
 Blaine Bruno, BSN, RN, CCRN
 Blanca Castillo, BSN, RN, MEDSURG-BC
 Blessing Apkom, BSN, RN, RNC-MNN
 Boone Lo, BSN, RN, RNC-OB
 Brian LeBlanc, BSN, RN, TCRN
 Briana Garza-Sally, MSN, RN, MEDSURG-BC
 Brianna Zajcek, BSN, RN, CCRN
 Brint Bray, MSN, RN, PCCN
 Brittany Phillips, BSN, RN, CNOR
 Brooke Buiturdeda, BSN, RN, MEDSURG-BC
 Camille Ory, BSN, RN, MEDSURG-BC
 Carmen Cava, MSN, RN, HACP
 Cathy Peterson, BSN, RN, CNOR
 Cerita Taylor, RN, RNC-OB
 Channon Sherman, BSN, RN, RNC-OB
 Chanpheng Kafele, BSN, RN, RNC-MNN
 Charla Ray, BSN, RN, CNOR
 Charleen Garcia, MHA, BSN, RN, CNOR
 Chelsea Knight, BSN, RN, RNC-NIC
 Cheyenne Ruby, MSN, RN, NP-BC
 Christi Scherneck, MSN, RN, NNP-BC, RNC-NIC
 Christian Mote, MHA, BSN, RN, CCRN
 Christina Martin, BSN, RN, NE-BC
 Christina Evans, BSN, RN, RNC-NIC
 Christina Tillotson, BSN, RN, CNOR
 Claire Regan Moody, BSN, RN, MEDSURG-BC
 Clara Grimsley, BSN, RN, CCRN
 Courtney Facundo, RN, RNC-NIC, C-ELBW
 Courtnei Hill, BSN, RN, CCTN
 Crystal Murphy, BSN, RN, CEN
 Crystal Ramirez, MSN, RN, SCR
 Daniella Ramirez, BSN, RN, CCRN, CAPA
 Crystal Smith, BSN, RN, MEDSURG-BC
 Danielle Fortado, BSN, RN, OCN
 David Ngari, BSN, RN, MEDSURG-BC
 David Nguyen, BSN, RN, MEDSURG-BC
 Debbie Derda, MBA, BSN, RN, CNOR, RNFA
 Aaron Catilleja, BSN, RN, CCRN, SCR
 Dee Drake, BSN, RN, CCRN
 Dezorey Vahed, BSN, RN, CCRN, SCR
 Eddie Adebayo, BSN, RN, CCRN
 Donald Tate, BSN, RN, CCRN
 Elise Kaul, BSN, RN, CEN
 Donna Jareke, BSN, RN, RNC-NIC
 Donnicia Bynum, RN, MEDSURG-BC
 Elizabeth Smith, BSN, RN, RNC-NIC
 Elizabeth Vasquez, RN, RNC-MNN
 Emily Stalder, BSN, RN, CEN
 Emily Daniel, BSN, RN, CCRN
 Emily Yarbrough, BSN, RN, CCRN
 Emma Briggs, BSN, RN, CCRN
 Enio Cavaretto, BSN, RN, MEDSURG-BC
 Ephrata Sissay, RN, CNOR
 Erin Farrell, MSN, RN, CEN
 Esmir Mujkic, BSN, RN, CCRN
 Esther Rowe, BSN, RN, CCRN
 Etienne Poufong, BSN, RN, MEDSURG-BC
 Evelyn De Ocampo, BSN, RN, CMSRN

Felecia Shavers, RN, RNC-OB, C-EFM
 Feliberto Jimenez, BSN, RN, CCRN
 Genesha Ahyemang, BSN, RN, CMSRN
 Francis Dickert, BSN, RN, MEDSURG-BC
 Genevieve Iwulia, MSN, RN, C-FNP
 Gina Segovia, BSN, RN, RNC-MNN
 Grace Shield, MSN, RN, OCN
 Gregory Hurt, RN, MEDSURG-BC
 Griselda Lopez, BSN, RN, RNC-NIC
 Gretchen Hanner, BSN, RN, RNC-OB
 Habtom Teweldebrahan, MSN, RN, CWOCN-AP
 Haley Smith, BSN, RN, CA-SANE
 Hannah Moughton, BSN, RN, CEN
 Hannah Pillow, BSN, RN, CCRN
 Hayley White, BSN, RN, RNC-MNN
 Helena Stephen, BSN, RN, MEDSURG-BC
 Herrdonli Yap, BSN, RN, MEDSURG-BC
 Hugo Lozada, RN, CCRN
 Humera Aslam, BSN, RN, CMSRN
 Huong Kim Thai, BSN, RN, RNC-MNN
 Ithoma Osuli, BSN, RN, MEDSURG-BC
 Ilea Schlumbrecht, BSN, RN, CEN
 Iley Mendez, BSN, RN, CCRN
 Imelda Ulrich, BSN, RN, CCRN, CCTN
 Irma Rodriguez, BSN, RN, CMSRN
 Ismael Urbina, BSN, RN, CCRN, SCRIN
 Jacob Flores, BSN, RN, CEN
 Jacqueline Hohulin, MSN, RN, CIC
 Jacqueline Martinez, BSN, RN, MEDSURG-BC
 Jamie Leflore, BSN, RN, MEDSURG-BC
 Jacqueline Kirby, BSN, RN, CCRN
 Jackson Airhart, BSN, RN, CCRN
 Janaki Subramanian, BSN, RN, CA-SANE
 Jeanne Brown, RN, RNC-LRN
 Jeff Roark, BSN, RN, MEDSURG-BC
 Jena Disimoni, RN, RNC-OB
 Jennie Owens, BSN, RN, C-ELBW
 Jennifer Castellanos, RN, MEDSURG-BC
 Jennifer Gamez, BSN, RN, CEN
 Jennifer Gardner, BSN, RN, RNC-NIC
 Jennifer Meeks, BSN, RN, RNC-NIC
 Jennifer Williamson, BSN, RN, CCRN
 Jessica Jeong, BSN, RN, MEDSURG-BC
 Jessica Tanddeski, RN, MEDSURG-BC
 Joanne Lee, BSN, RN, PCCN
 Joel Njau, BSN, RN, PCCN
 Jordan Pratchyl, RN, MEDSURG-BC
 Josh Williams, BSN, RN, CCRN
 Josselyn Escobar, BSN, RN, CEN
 Juana Bueno, BSN, RN, CCRN
 Amy Mabry, MBA, BSN, RN, NEA-BC
 Joy Oyee, BSN, RN, MEDSURG-BC
 Kaitlyn Tallo, MSN, RN, CCRN, CNE
 Kande Franklin, BSN, RN, CMSRN
 Karen Burnett, MSN, RNC-OB, C-EFM
 Katherine Odum, BSN, RN, CBN
 Katie Albrecht, BSN, RN, CEN
 Kayla Winans, BSN, RN, MEDSURG-BC
 Kaylin Hughes, RN, RNC-OB
 Kelly Finney, BSN, RN, MEDSURG-BC, NE-BC
 Kelly Wilburn, RN, OCN
 Kelsey Bowen, BSN, RN, CA-SANE
 Kenya Florence, BSN, RN, RNC-OB
 Khanh Vo, BSN, RN, MEDSURG-BC
 Kikilomo Dawotola, MSN, RN, MEDSURG-BC, NP-C
 Kim Lineberry, BSN, RN, CAPA
 Kimberly Daniels, BSN, RN, RNC-OB
 Kimberly Garrison, RN, RNC-NIC
 Kimm Wright, MSN, RN, RNC-OB, C-EFM
 Kimberly Ortiz, BSN, RN, CCRN
 Kelsey Burke, BSN, RN, CA-SANE
 Kristen Caldwell, BSN, RN, CCRN
 Kelsey Long, BSN, RN, RNC-OB
 Kristen Fehlbaum, BSN, RN, CCRN
 Kristy Le, BSN, RN, CCRN

Lara Davis, BSN, RN, RNC-NIC
 Kunjomol Tomy, RN, RNC-OB
 Lacey Coffee, MSN, FNP-C
 Laria Hicks, BSN, RN, CMSRN
 LaRonda Wilkerson, BSN, RN, RNC-OB
 Laura Hicks, BSN, RN, CCTC
 Alexa Conner, BSN, RN, CCRN
 Allison Vo, MSN, RN, OCN
 Aminata Njie, BSN, RN, MEDSURG-BC
 Laura Ruiz, RN, RNC-OB
 Lauren Anthony, BSN, RN, RNC-NIC
 Laurine Ndlovu, MSN, RN, MEDSURG-BC, NP-D-BC
 Lawrence Nguyen, BSN, RN, CMSRN
 Laynell Fendell, BSN, RN, MEDSURG-BC
 Leigh Ann Deloach, BSN, RN, CCTC
 Leisa King, MSN, MHNP, RN, MEDSURG-BC
 Leslie Fields, BSN, RN, CMSRN
 Leslie Patty, BSN, RN, PCCN
 Lina Gomez, BSN, RN, CCRN
 Linda Gage, BSN, RN, OCN, C-BC
 Linda Walker, RN, RNC-OB
 Linet Koshy, BSN, RN, CCRN
 Lisa D'Acquisto, BSN, RN, CCRN
 Lisa Espinosa, BSN, RN, MEDSURG-BC
 Lizbeth Torres, BSN, RN, MEDSURG-BC
 Llewellen Prater, DNP, RN, CNE
 Lucy Fanselow, BSN, RN, CCRN
 Luis Jimenez, BSN, RN, MEDSURG-BC
 Madeline Wagley, BSN, RN, CCRN
 Madison Lowrance, BSN, RN, MEDSURG-BC
 Maegan Houghton, MSN, ACNP, CCRN
 Maggie Jacobsen, BSN, RN, AMB-BC
 Margaret Narvarez, BSN, RN, CMSRN
 Maria D'Souza, BSN, RN, RNC-OB
 Maria Sandoval, BSN, RN, RNC-NIC
 Mariann Evans, RN, IBCLC
 Marina Covarrubias, BSN, RN, CCRN
 Mary Peterson, BSN, RN, MEDSURG-BC
 Mary Silva, BSN, RN, CA-SANE
 Megan Cumberworth, BSN, RN, RNC-MNN
 Megha Patel, BSN, RN, CAPA
 Mei Cheng, RN, CCTN
 Melefortan Familusi, BSN, RN, MEDSURG-BC
 Melissa Schultz, BSN, RN, CCRN
 Mercedes Lopez, MSN, RN, CENP, CPHQ
 Mercedes Morton, BSN, RN, RNC-OB
 Michael Awotula, BSN, RN, CCRN
 Michael Onuorah, BSN, RN, MEDSURG-BC
 Michael Vansteel, MSN, RN, MEDSURG-BC, NE-BC
 Mihaela Istrate, BSN, RN, RNC-MNN
 Mildred Poquiz, BSN, RN, RNC-MNN
 Mireille Tanoh, BSN, RN, CCTC
 Mofiyinfolu Olusola, BSN, RN, MEDSURG-BC
 Monica Massey, MSN, RN, CCRN
 Monica Mote, BSN, RN, RNC-OB
 Monica Rodas, BSN, RN, CNOR
 Nancy Aguillon, BSN, RN, OCN
 Neda Khatib, BSN, RN, MEDSURG-BC
 Nomsa Musengezi, RN, MEDSURG-BC
 Nonnie Breytspraak, MSN, RN, CEN, TCRN
 Nora Billodeaux, DNP, RN, MEDSURG-BC, NP-D-BC
 Norma Ramos, RN, RNC-OB
 Olatunde Fagboyegun, BSN, RN, MEDSURG-BC
 Oma O'Neal, RN, RNC-NIC
 Omar Quaddura, BSN, RN, MEDSURG-BC
 Omolola Anderson, BSN, RN, MEDSURG-BC
 Oscar Rios, BSN, RN, PCCN
 Patsy Boyd, BSN, RN, CNOR
 Phillip Escobar, BSN, RN, MEDSURG-BC
 Poppi Davis, BSN, RN, CCRN
 Rachel Beaty, BSN, RN, CEN
 Rachel Hayes, BSN, RN, CCRN
 Rachel Javine, BSN, RN, RNC-OB

Rachel St. Juste, BSN, RN, MEDSURG-BC
 Raelyn Lane, BSN, RN, CNOR
 Ramon Soto, BSN, RN, MEDSURG-BC
 Raquel Longoria, MSN, RN, NP-C
 Raul Esquivel, BSN, RN, CEN, TCRN, CFRN
 Rebecca Brady, RN, RNC-NIC
 Reta Adere, BSN, RN, CCRN
 Rhonda Harper, RN, CNOR
 Rhonda Lents, RN, RNC-MNN
 Rhonda McGaughey, BSN, RN, RNC-OB, C-ONQS
 Richard Graham, RN, CNOR
 Robin Everett, BSN, RN, CEN
 Robin Rice-Beard, DNP, RN, OCN
 Rosa Moctezuma, BSN, RN, MEDSURG-BC
 Ryan Chang, BSN, RN, CCRN
 Sabrina McMurray, BSN, RN, CCRN
 Sajini Joesph, BSN, RN, MEDSURG-BC
 Sandra Campos, BSN, RN, MEDSURG-BC
 Sara Brown, BSN, RN, RNC-NIC
 Sarah Nicholas, BSN, RN, CCTC
 Sarah Sharp, BSN, RN, MEDSURG-BC
 Scott Meyers, MSN, RN, NP-D-BC
 Scott Wood, MSN, RN, CEN
 Shannon Houston, RN, ONC
 Shannon Mentel, MSN, RN, CNOR
 Shannon Southward, BSN, RN, CCRN
 Sharon Alvarado, BSN, RN, RNC-OB, C-EFM
 Sharon Bolluyt, BSN, RN, RNC-OB
 Shericka Jones, BSN, RN, CMSRN
 Sherry Kibira, BSN, RN, MEDSURG-BC
 Shiella Delacruz, BSN, RN, RNC-NIC
 Sibby Jacobs, BSN, RN, RNC-MNN
 Sixtos Acosta, BSN, RN, CCTC
 Sophie Achar, BSN, RN, MEDSURG-BC
 Stacy Ransom, BSN, RN, ONC
 Stefani Newberry, BSN, RNC-MNN
 Stephanie Cunningham, BSN, RN, RNC-NIC
 Steven (Jake) Hopkinson, BSN, RN, CCRN
 Susan Bremner, MBA, MSN, RNC-OB
 Sydney Laxo, RN, CEN
 Tabitha Cathcart, BSN, RN, RNC-NIC
 Tammy Holland, RN, RNC-LRN
 Tari Marsikire, MSN, RN, MEDSURG-BC
 Tassi Reed, MSN, RN, CCRN
 Taylor Clark, BSN, RN, CCRN
 Taylor Eilts, BSN, RN, MEDSURG-BC
 Taylor Meyers, BSN, RN, CEN, TCRN
 Taylot Henderson, BSN, RN, CCRN
 Terri Freeman, MSN, RN, CMSRN, CRRN
 Tete Donyo, BSN, RN, MEDSURG-BC
 Theresa Brunner, MSN, RN, OCN
 Theresa Concepcion, BSN, RN, RNC-MNN
 Theresa Holyfield, BSN, RN, MEDSURG-BC
 Thy Kave, BSN, RN, RNC-OB
 Tiffany Hyder, BSN, RN, CCRN
 Tiny Chiramel, MSN, CMSRN, NP-D-BC
 Tonya Stringer, BSN, RN, MEDSURG-BC
 Trang Nguyen, BSN, RN, CMSRN
 Travis Rhoads, BSN, RN, MEDSURG-BC
 Trenton Wall, BSN, RN, MEDSURG-BC
 Trinh Ngo, RN, CMSRN
 Tu-vy Pham, BSN, RN, SCRIN
 Uma Thillainathan, BSN, RN, OCN
 Vanessa Ramsey, MSN, RN, MEDSURG-BC
 Veronica Encinia, BSN, RN, MEDSURG-BC
 Victoria Solis, BSN, RNC-MNN
 Wanvisa Tosomboon, BSN, RN, PCCN
 Willana Suadad, BSN, RN, CCRN
 Yolanda Leung, BSN, RN, CMSRN

METHODIST MANSFIELD

Aaron Greenwood, CEN
 Addriene Warren, RN-MEDSURG
 Ahmad Hamdan, CCRN
 Albert Nyaanga, CMSRN
 Aleasha Athon, RN, RNC-NIC
 Alejandra Martinez, RN, RNC-MNN
 Alice Dobelbower, MEDSURG-BC
 Allison Nelson, CA-SANE
 Alyssa Colt, CEN
 Alyssa Reyes, CCRN
 Amanda Arthon, CEN
 Amanda Ortega, CCRN
 Amanda Jones, RN, RNC-NIC
 Amanda Thurman, BSN, RN, CCRN
 Andreya McBride, CCRN
 Angela Morgan, RN-MEDSURG
 Angelica Poole, CMSRN
 Angely De La Roca, RNC-OB
 Anja Gomez, RN-MEDSURG
 Ann Nguyen, CCRN
 April Greenber, BSN, RN, CEN
 Ashleigh Pham, CCRN
 Ashley Damron, RN, RNC-MNN
 Autumn Maddock, RN, RNC-MNN
 Barvarita Gonzales, RN, RNC-MNN
 Beatrice Baari, RN-MEDSURG
 Bertha Adigular, RN-MEDSURG
 Beverly Hill, MEDSURG-BC
 Brandy Green, CCRN
 Brianna Hall, RN, RNC-MNN
 Brooke Stayton, MEDSURG - BC
 Brooks Williams, MSN, RN, CCRN-K
 Bryan Kelly, CCRN, TNCC
 Callie Seabolt, CEN
 Carolyn Agwu, CCRN
 Carolyn Ndichu, AGACNP-BC
 Cecilia Tadiran, CMSRN
 Celeste Cervantes, RN, CST
 Chakavak Sheidaei, MEDSURG - BC
 Charla Sorrells, RNC-MNN
 Charlie Tobias, CCRN
 Cheryl Garcia, RNC-MNN
 Christie Akaduh, RN-MEDSURG
 Christina Cossette, CCRN, RT
 Christopher Dodd, CEN
 Christopher Signh, MEDSURG-BC
 Christy Benson, RN, RNC NIC
 Chrystal Dobson, CCRN
 Cindy Espinoza, RN-MEDSURG
 Clementine Monda, MEDSURG-BC
 Colby Brinlee, RN, CST, CNOR
 Coral Langston, MEDSURG - BC
 Courtney Peterson, CNOR
 Cynthia Romaguera, RN -ION; SANE
 Dao Tommy, CCRN
 Deann Matthis (CTL) Matthis, CCRN
 Deborah Gifford, RNC-OB
 Dianne Luciano, RNC-OB
 Donetta Pleasant, RN, RNC-MNN
 Doug Alvarenga, PCCN, CCRN
 Edith Muoneke, RN-MEDSURG
 Elaine Johnson, RNC-OB
 Elena Campuzano, MEDSURG-BC
 Elizabeth Peyton, CEN
 Elizabeth Ogungbire, RN, RNC-MNN
 Emily Tran, CCRN
 Emily Rono, MEDSURG-BC
 Erica Oldfield, RN, IBCLC
 Erica Dorsey, RNC-OB, C-EFM
 Erica Ransom, RNC-OB
 Ethel Daily, RN-MEDSURG
 Ethel Tate, RN, RNC-NIC
 Faina Sandler, MEDSURG-BC
 Friday Aigbedion, APRN

Geneva Scott, RN, RNC-MNN
 Genevive Mingle, RN-MEDSURG
 Glenly Bethards, MEDSURG-BC
 Grace Mututo, MEDSURG-BC
 Gwendolyn Graham, PCCN, CCRN
 Haley Bow, MEDSURG - BC
 Heather Smithwick, RN, RNC-MNN
 Humaira Mohiuddin, RN-MEDSURG
 Iris Madrid, RN, AGACNP -BC
 Jackline Ndubi, MEDSURG-BC
 Jacqueline Uy, RN-MEDSURG
 Jacqueline (Jackie) Jones, CEN
 Jacquilyn Anisco, CCRN
 Jade (MET) Tra, CCRN; SCRN; CSC
 Jaeca Flanagan-Simpson, CCRN
 Janga (MET) KC, CCRN; SCRN; CSC; CNRN
 Jennifer Graham, RN, RNC-MNN
 Jennifer Flachman, RN, RNC-MNN
 Jennifer Gorham, RNC-OB, C-EFM
 Jennifer Graham, RN, RNC-MNN
 Jessica Sorensen, C-EFM
 Jessie Nham, CMSRN
 John Blevins, CEN; TCRN
 John Derouin, CEN
 Jordyn Gary, RN, RNC-ELBW
 Jose Mathew, CCRN
 Juanita Garcia, CCRN
 Judy Sueller, CCRN-CSC
 Julie Norris, MSN, RN, NEA-BC,
 Kacie Zhanel, RNC-OB
 Karen Boshier, MEDSURG - BC
 Kathy Ripley, RN, MBA, CGRN
 Katie Chaney, Medsurg-BC
 Katie Stephens, BSN, RN, CNOR,
 Katy McQuaid, CCRN
 Kay Spearman, RNC-OB, C-EFM
 Kelby Cobb, RN, CNOR
 Kelley Battey, RN, RNC-MNN
 Kieu Le, RN-MEDSURG
 Kim Tran, PCCN
 Kristi Mendolia, RN - RNC-NIC
 Kristin Pirkle, RN-MEDSURG
 Kristina Like, MEDSURG-BC
 Lacy Castleberry, RN, CCRN
 Laura Nguyen, RN-MS
 Laura Sweatt, DNP, RN, CNE, NP-BC,
 Lauren Stricklin, CEN
 Lauren Burke, RN, RNC-MNN
 Lauren Bailey, RNC-OB
 Layce Washington, RNC-MNN
 Lein Tran, RN, RN-BC
 Lindsay Ray Sarp, RNC-OB
 Liz Zinanti, CCRN
 Luo Guangyu, CCRN
 Lynae Cochran, RN, IBCLC
 Lynne Eisiminger, MEDSURG - BC
 Madison Mouw, CEN
 Marcella Blankenship, RNC-MNN
 Maria Cecilia Yopo, MEDSURG - BC
 Mariam Ohemeng-Baayeh, RN-MEDSURG
 Marta Church, RNC-OB
 Marthe Karasira, MEDSURG-BC
 Marvena Goss, RN, RNC-MNN
 Mary Greer, RN, CNOR
 Mary Grace Rosquillo, PCCN
 Melanie Stanley, RN-MEDSURG
 Metha Thompson, CAPA
 Michael (CTL) Lewis, CCRN
 Michaela Ruiz, PCCN
 Michele Swanner, RN, RNC-MNN
 Michelle Mcgahan, CMSRN
 Michelle Hobbs, CEN
 Morgan (CTL) Mascarinas, CCRN
 My Vo, BSN, RN, MEDSURG-BC,

Nakeashia McCoy, CCRN
 Nakeisha Smith, RN, RNC-MNN
 Natalie Edgell, Medsurg-BC
 Neema - Peter Kakariyil, RN-MEDSURG
 Nicole Cheek, RNC-OB
 Nicolette Ayala, RNC-OB
 Nora Frasier, DNP, RN, NEA-BC,
 Nyssa Villacort, MSN, RN, RNC-OB,
 Obinna Ogbuagu, CCRN
 Oluwaseun Bolarinwa, CMSRN
 Paige Ross, RN, RN-BC, RNC-MNN
 Patrice Crockett, MEDSURG-BC
 Patricia Dill, RN, CNOR
 Prathapan Selvanesan, CMSRN
 Rachel Mentzel, Medsurg-BC
 Rachel Bartholomew, RNC-OB
 Rachelle Bowlin, RN, RNC-LRN
 Raquel Escalante, RN, RNC-MNN
 Raul (Chris) Bautista, CPAN
 Rebecca Roe, RN, RNC-MNN
 Renee Manna, RN, RNC-MNN
 Renju Raveendran, MEDSURG-BC
 Rita Nkea, RN, RNC-MNN
 Robin Hablo, CCRN
 Robyn Colvin, RN-MEDSURG
 Rocio Castillo, RNC-OB
 Rodias Estrada, MEDSURG-BC
 Ryan Arnel Batac, RN-BC
 Salve Tawaran, CMSRN, AGACNP
 Samantha Wistrom, RN, RNC-MNS
 Sandra Henry, RN, RNC-NIC
 Sarah Huff, RN-MEDSURG
 Sarah Haney, BSN, RN, MEDSURG-BC,
 Saul Garcia, PCCN
 Sayonon Harmon, CMSRN
 Sean Burt, CCRN
 Selamawit Eshete, MEDSURG-BC
 Shanna Girsh, MEDSURG-BC
 Shanna Grummons, RNC-OB
 Shannon Wright, RN-BC, TCAR
 Simba Nyoni, BSN, RN, CCRN,
 Simon Nguyen, RN-MEDSURG
 Simratpal Kaur, RN-MEDSURG
 Stephanie Crabtree, RN-MEDSURG
 Sue Lee, MEDSURG-BC
 Sunday Preusser, RN, RNC-MNN
 Susan Taylor, RN, RNC-HROB
 Suzanne Kiker, CMSRN
 Taamar Jackson, RNC-OB
 Teresa Ortiz, RN-MEDSURG
 Teresa Kerr, MSRN
 Thomas Smith, Medsurg-BC
 Thuy Cisneros, RN, RN-BC, RNC-MNN
 Tiffany Nguyen, RN-MEDSURG
 Tina Sturgill, C-EFM
 Tonya Wilemon, RNC-OB
 Tonya Pena, MSN, RN, NP-BC,
 Traci Garza, RNC-OB
 Tracy (MET) Floyd, CCRN
 Vanessa Espinoza, CCRN
 Vi Tran, MEDSURG-BC
 Victor Olivares, RN-MEDSURG
 Vivian Vo, MEDSURG-BC
 Vy Pham, CCRN
 Wayne Gernon, MEDSURG-BC
 Wendy Ramirez, RN, RNC-OB, IBCLC
 Whitney Langwell, CNL
 Yvonne Ndip, MEDSURG-BC
 Zamitley Guada, PCCN

METHODIST MIDLOTHIAN

Alejandro Coonrod, BSN, RN, CCRN
 Amanda Stewart, BSN, RN-BC
 Amelia Macalua, BSN, RN, CPHRM, CFRN
 Andrea Montes, BSN, RN, CCRN
 Ashley Busby, BSN, RN, CEN
 Belinda Swartwood, RN, IBCLC, COHC
 Blanca Gomez, BSN, RN CMS-RN
 Christabel Kwabi, BSN, RN, CCRN
 Christine Nguyen, BSN, RN, CMSRN, PCCN
 Christy Flores, BSN, RN, CCRN
 Cindy Noulas, BSN, RN, C-EFM
 Contessa Henry, DNP, MSN, RN, CNOR
 Crystal Selim, MBA-HM, AGACNP-BC,
 RN-BC
 Deanna Davis, MSN, RN, RNC-OB
 Delilah Kajdi, BSN, RN, CCRN
 Denise White, BSN, RN, CCRN
 Doris Blacksher, MSN, RN, CMS-RN
 Jacob Rhodes, BSN, RN, CEN, TCRN
 Jaycee Petty, BSN, RN, C-EFM
 Jennifer Vendryes, BSN, RN, CMSRN
 Jessica Shea, BSN, RN-BC
 Josephine Hataie, BSN, RN, CCRN
 Julae Sixtos, BSN, RN, RNC-OB
 Karla Arthur, BSN, RN, CCRN
 Karrie Klein, MSN, RN, RNC-OB
 Kate Burton, BSN, RN, RNC-OB
 Kathy Aulson, BSN, RN, CPPS, CPHRM, CFRN
 Kristine Hare, BSN, RN, RNC-OB
 Leah Barbee, BSN, RN, CEN
 Liz Ore, BSN, RN, PCCN
 Lizet Gonzales, BSN, RN, CWN, CMSRN
 Maria Sandoval, BSN, RN, RNC-OB
 Melissa Duke-Brodnax, BSN, RN, RNC-OB
 Monica Tabi, BSN, RN, CSMRN
 Nancy Vazquez, BSN, RN, CWCN
 Naomi Cade, BSN, RN, CCRN, CPAN, CAPA
 Pepe Greenlee, DHA, MSN, BSN, RN, CPHQ,
 LSSGB
 Pirncess Okuche, BSN, RN, CCRN
 Renee Elue, BSN, RN, TNCC
 Sarah Minnix, BSN, RN, RNC-MNN
 Sheila Hogan, MSN, RN, CMSRN, NP-BC
 Shelbi Jopson, RN, RNC-OB, C-EFM
 Silma Cervantes, BSN, RN, RNC-OB
 Brian Devaughn BSN, RN, RNC-NIC
 Brittany Roy BSN, RN, RNC-OB
 Cara Renner BSN, RN, RNC-MNN, IBCLC
 Carmen Abraham BSN, RN, RNC-NIC
 Carmen Areja MAN, RN, RNC-MNN
 Caroline Gombera BSN, RN, RNC-MNN
 Cassandra Bryant BSN, RN, CMSRN
 Cassie Johnson BSN, RN, RNC-OB
 Catherine Gosnell MSN, RN, NE-BC, RNC-OB
 Catherine Moran BSN, RN, MEDSURG-BC
 Catherine Ocampo BSN, RN, CCRN, PMGT-
 BC
 Chanel Bensinger BSN, RN, RNC-MNN
 Charrisa Grubbs BSN, RN, Medsurg-BC
 Charrisa Grubbs BSN, RN, RN-BC
 Cheryl Koch MSN, RN, NEA-BC
 Chinedum Ogbonna MSN, RN, PMH-BC
 Chinyelu (Catherine) Nnake MSN, RN,
 CMSRN
 Christina John BSN, RN, MEDSURG-BC
 Christina Strode BSN, RN, RNC-NIC
 Christine Malcolm BSN, RN, CMSRN
 Christine Wiseman BSN, RN, IBCLC
 Christine Zalamea BSN, RN, OCN
 Christopher (Chris) Cannon BSN, RN, CCRN

Kathryn Balsly, RN, CMSRN
 Kathryn Ufolla, MHA, BSN, RN, CCRN
 Kristen Velez, BSN, RN, CCRN
 Lauren Simington, BSN, RN, CCRN
 Loren Dudley, BSN, RN, CCRN
 Martha McNeil, RN, PCCN
 Parker LaCour, BSN, RN, CCRN
 Paul Hamel, MSN, RN, CCRN
 Roslyn Spiker, BSN, RN, CMSRN
 Shara Holmes, BSN, RN, CCRN
 Stephany Loreda, BSN, RN, CMSRN
 Tara Condron, BSN, RN, CEN
 Veronica Elliot, MSN, RN, CPHQ, LSSYB

METHODIST RICHARDSON

Aisosa Odigie BSN, RN, PCCN
 Alex John BSN, RN, PMH-BC
 Alexandra (Alex) Luttrell BSN, RN, MED-
 SURG-BC
 Alexandra Wright BSN, RN, PMH-BC
 Alisha Snelson BSN, RN, MEDSURG-BC
 Alison Mctague BSN, RN, OCN
 Allison Nelson BSN, RN, MEDSURG-BC
 Alyssa Jones (Polley) BSN, RN, MED-
 SURG-BC
 Amanda Krueger BSN, RN, MEDSURG-BC
 Amber Sazmand MSN, RN, IBCLC
 Amy Boone DNP, RN, NEA-BC, CNOR
 Amy Kim BSN, RN, MEDSURG-BC
 Ana Wakil MSN, RN, CGRN
 Ann Oparaekwe BSN, RN, CCRN
 Anne Papp BSN, RN, MEDSURG-BC
 Arlene Velazquez MSN, RN, RNC-NIC
 Arthur, Kristin, BSN, RN, CAPA
 Ashley Fields BSN, RN, RNC-OB
 Ashly Paulson BSN, RN, MEDSURG-BC
 Audrey Smith BSN, RN, CCRN
 Bailey Downing BSN, RN, PMH-BC
 Beena Mathai MSN, RN, CCRN
 Bernice Matthew BSN, RN, MEDSURG-BC
 Betelhem "Beth" Checol BSN, RN, CMC,
 PCCN
 Beth Caulfield BSN, RN, CCRN
 Bibitha Joseph BSN, RN, PCCN
 Blanco, Kathleen, MS, BSN, RN, CGRN
 Brenda Lopez MSN, RN, MedSurg-BC
 Briani Devaughn BSN, RN, RNC-NIC
 Brittany Roy BSN, RN, RNC-OB
 Cara Renner BSN, RN, RNC-MNN, IBCLC
 Carmen Abraham BSN, RN, RNC-NIC
 Carmen Areja MAN, RN, RNC-MNN
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 BC
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 Christine Malcolm BSN, RN, CMSRN
 Christine Wiseman BSN, RN, IBCLC
 Christine Zalamea BSN, RN, OCN
 Christopher (Chris) Cannon BSN, RN, CCRN

METHODIST SOUTHLAKE

Angela Cho, RN-BC
 Anna Brigden MSN, RN, CCRN-K, NP-BC
 Arlisha Forbes, BSN, RN, CNOR
 Ashley Sullivan, RN, CCRN
 Aubrey Magras, RN, CEN
 Autumn Moon, BSN, RN, CAPA
 Carmen Moretta, BSN, RN, CCRN
 Catherine Musembi, BSN, RN, CMSRN
 Cathy Teinert, RN, CMSRN
 Esther Smith, BSN, RN, PCCN, LSSYB
 Eva Anderson, BSN, RN, CEN
 Holly Trull, BSN, RN, CNOR
 Jody Farr, RN, CEN
 Jordan Mitchell, BSN, CCRN
 Joseph Lim, BSN, CCRN

CELEBRATING CERTIFIED NURSES

Coco Balalau BSN, RN, CEN
 Courtney Quick BSN, RN, MEDSURG-BC
 Daliya Varghese BSN, RN, PCCN
 Danica Bautista BSN, RN, CCRN
 Daniel Baskett ADN, RN, CCRN, TCRN
 Danielle Cooper BSN, RN, PCCN
 David Withrow BSN, RN, CGRN
 Deborah Pomroy BSN, RN, PMH-BC
 Debra Kahnen BSN, RN, CMSRN, NP-BC
 Debra Porter RN, CCRN
 Deena Oommen MSN, RN, CCRN
 Dinah Sanchez BSN, RN, CCRN
 Donald Krenek BSN, RN, CCRN
 Donna Freeman BSN, RN, RNC-MNN
 Dorothy Omuga BSN, RN, CPN
 Doskocil, Adriana, BSN, RN, RNC-OB
 Doskocil, Adriana, BSN, RN, RNC-OB
 Edie Belman BSN, RN, MEDSURG-BC
 Eduardo Martinez MSN, RN, CCRN
 Elaine Mueller RN, CAPN
 Elaine Roquemore BSN, RN, RNC-OB
 Elizabeth (Anna) Kasirye BSN, RN, MEDSURG-BC
 Elizabeth Aaron MSN, RN, CCRN-K, NE-BC
 Elizabeth Cusimano BSN, RN, CEN
 Elizabeth Eaton RN, CGRN
 Elsa Landazabal BSN, RN, OCN
 Emily Choga BSN, RN, MEDSURG-BC
 Erica Sitzes BSN, RN, RNC-OB
 Erick Vargas BSN, RN, CCRN, TCRN
 Erin Soto BSN, RN, MEDSURG-BC
 Esther Ogobuiro BSN, RN, CMSRN
 Faith Hughes BSN, RN, RNC-NIC
 Farooque Rao BSN, RN, CCRN
 Filipinas (Nancy) Sandejas BSN, RN, OCN
 Getch Yirga BSN, RN, CCRN
 Gloria Sarmiento BSN, RN, CCRN
 Grace Nwawuihe BSN, RN, PMH-BC
 Griffin, Cynthia, RN, OCN
 Han, Lynn, RN, ONCC, ONS
 Hazwineyi Mburuma ADN, RN, CCM
 Heather Edmondson BSN, RN, RNC-MNN
 Hudson, Jessica, BSN, RN, CCRN
 Jacklyn Yeap BSN, RN, CCRN, CSC
 Jackson Harris BSN, RN, CEN
 Jacqueline Stitt MSN, RN, CRRN
 Jaleesa Stafford BSN, RN, MEDSURG-BC
 James Mckiddy BSN, RN, MEDSURG-BC
 Jamie Harrington BSN, RN, C-ELBW, RNC-NIC
 Jamie Homeier BSN, RN, CCRN
 Jane Whiteley BSN, RN, CCRN
 Janeth Sims ADN, RN, RNC-OB
 Jasmine Smith BSN, RN, PCCN
 Jason Adawag BSN, RN, CBN, CNOR
 Jeffrey Woodward MSN, RN, NP-BC, CEN
 Jemrose Bandy BSN, RN, CRRN, SCRIN
 Jennifer Mcrae BSN, RN, OCN, ONN-CG
 Jennifer Nolley BSN, RN, CCRN, TCRN
 Jessica Carpenter BSN, RN, PMH-BC
 Jessica Montgomery ADN, RN, MEDSURG-BC
 Jessie De Leon BSN, RN, PMH-BC
 Jessy Abraham BSN, RN, RNC-MNN
 Jessy Vazhakatte RN, CMSRN
 Jimmy Brumfield MSN, RN, CNOR
 Jocelyn Rivera BSN, RN, CCRN
 John Sliwinski BSN, RN, PCCN
 Joseph Walker ADN, RN, CGRN
 Julie McMullin BSN, RN, OCN
 Julie Thomas BSN, RN, CMSRN
 Kaitlyn Jones BSN, RN, PCCN
 Kate Durugbor BSN, RN, PMH-BC
 Kate Hoang BSN, RN, MEDSURG-BC
 Katherine Hartdegen BSN, RN, CIC, CPN
 Keith Young BSN, RN, CAPA
 Kelly Collins BSN, RN, RNC-NIC
 Khung Dang BSN, RN, CMSRN
 Kim Branum MSN, RN, PMH-BC

Kim Kang BSN, RN, IBCLC
 Kimberly Parker BSN, RN, CCRN
 Kristen Anderson BSN, RN, RNC-MNN
 Kristin (Kiki) Arthur BSN, RN, ONC
 Kylie Tedlock BSN, RN, MEDSURG-BC
 Laura Sullivan BSN, RN, CMSRN
 Lauren Corley (Deaver) BSN, RN, RNC-MNN, IBCLC
 Lauren Cunningham (Diaz) BSN, RN, RNC-OB
 Linda Turner MSN, RN, CCRN
 Linda Vozzella ADN, RN, CCM, OCN
 Lindsay Winburn MSN, RN, CPHQ, HACF
 Lindsey Adams BSN, RN, CCRN
 Lori Melson BSN, RN, CMSRN
 Lori West BSN, RN, CDE
 Lucica Cable BSN, RN, CCRN
 Lucy Rejano BSN, RN, CNOR
 Luna, Annabell, BSN, RN, RNC-NIC
 Ma Jocelyn Aslesen BSN, RN, RNC-MNN
 Marcie Rouse BSN, RN, SCRIN
 Marian Brumfield BSN, RN, CNOR
 Marivic Pinguel BSN, RN, CCRN, PMH-BC
 Mark Echevarria BSN, RN, MEDSURG-BC
 Marla Hill BSN, RN, MEDSURG-BC
 Mary Robinson BSN, RN, CIC, RNC-NIC
 Maxine Adegbola PhD, RN, CNE
 Mccrae Mutisya BSN, RN, PMH-BC
 Melissa Grosh BSN, RN, IBCLC
 Melissa Harbison BSN, RN, CNOR
 Melissa Knight ADN, RN, PMH-BC
 Meron Gullilat ADN, RN, CGRN
 Michelle Jones BSN, RN, RNC-OB
 Miranda Mojica MSN, RN, CCRN
 Molly D'souza BSN, RN, CCRN, PCCN
 Monica Powers BSN, RN, MEDSURG-BC
 Nadew Taddesse BSN, RN, CMSRN
 Nakia Pittman-Shaver BSN, RN, MEDSURG-BC
 Nancy Barrera BSN, RN, MEDSURG-BC
 Nancy Keovongsy BSN, RN, MEDSURG-BC
 Nancy Lehmann BSN, RN, RNC-NIC
 Narcisa (Cissa) Razon BSN, RN, CPAN
 Nova Ibana -Tanjuakio BSN, RN, RNC-MNN
 Nutchapat Mckay BSN, RN, MEDSURG-BC
 Patricia (Pat) Woodard ADN, RN, RNC-NIC
 Patti Millington BSN, RN, RNC-OB
 Paul Galipeau BSN, RN, OCN
 Ponnamma (Ponnie) Kurian BSN, RN, CCRN
 Preeza Karmacharya BSN, RN, CCRN
 Puja Kandel BSN, RN, MEDSURG-BC
 Raimol George BSN, RN, RNC-MNN
 Raminder Hira BSN, RN, IBCLC
 Razvan Ponoran BSN, RN, CCRN
 Rebecca Donnelly BSN, RN, CCRN-K, NE-BC, OCN
 Rebecca Terry BSN, RN, CEN, CPEN
 Rebeka Carreon MSN, RN, CNML, CMSRN
 Regina Ward ADN, RN, CWCA
 Rima Basal MSN, RN, RNC-NIC
 Rodfil Camacho BSN, RN, PMH-BC
 Romil Amar BSN, RN, MEDSURG-BC
 Roscille Caston BSN, RN, PMH-BC
 Ruth Parcerro BSN, RN, OCN
 Saira Ruiz BSN, RN, MEDSURG-BC
 Sally Michaud MSN, APRN, NNP-BC, RNC-NIC
 Shari Mirzaei BSN, RN, CGRN
 Sharon Boseman MSN, RN, MedSurg-BC
 Sharon Mahoney ADN, RN, CNOR
 Sharone Samkutty Thomas BSN, RN, MEDSURG-BC
 Sheila Norville BSN, RN, RNC-OB
 Shimelis Kebie BSN, RN, CRRN, MEDSURG-BC
 Shirley Macalanda BSN, RN, CCRN, CMC, CSC
 Sitzes, Erica, BSN, RN, RNC-OB, C-EFM
 Sitzes, Erica, BSN, RN, RNC-OB, C-EFM
 Skye Alexander-Senski BSN, RN, SCRIN
 Sonia Hernandez ADN, RN, MEDSURG-BC
 Stacey Murphy BSN, RN, CCRN
 Sue-ellen Balcom ADN, RN, CGRN
 Susan Garanzuay ADN, RN, MEDSURG-BC

Sydney Tang BSN, RN, CCRN
 Sylvia Ivie BSN, RN, RNC-NIC
 Tami Barrera BSN, RN, RNC-NIC
 Terri Daugherty MSN, RN, RNC-NIC, C-ELBW,
 Thao Tran BSN, RN, MEDSURG-BC
 Tiffany Green BSN, RN, MEDSURG-BC
 Tiffany Knight MSN, RN, Gerontological Nursing-BC
 Tina Coonrod BSN, RN, RNC-OB
 Tina Hankins BSN, RN, CEN
 Tori Forbes ADN, RN, RNC-OB
 Tram Tran BSN, RN, CMSRN
 Tran, Tuan, BSN, RN, NE-B
 Valsamma (Valsa) Xavi BSN, RN, PCCN
 Vanessa Henley, BSN, RNC-MNN, IBCLC
 Veronika Herring ADN, RN, CCRN
 Vicki Sandefur RN, RNC-NIC
 Vu Hoang BSN, RN, MEDSURG-BC
 Wasick-Navar, Brooke, RN, BA-BC
 Wendy Board BSN, RN, RNC-OB
 Wenhua (Lily) Bloodworth BSN, RN, CCRN, OCN, PCCN
 William Kirkpatrick BSN, RN, CCRN
 Winnefred (Winnie) Akangbou RN, CGRN

NURSING RESEARCH PROJECTS

STUDY START YEAR	CRI PROTOCOL ID	STUDY TITLE	PI	CAMPUS
2023	104.NUR.2022.M	Improving Charge Nurse Conflict Resolution Communication Using Artificial Intelligence	Laura Sweatt DNP, RN, CNE, NPD-BC	Methodist Mansfield
2023	105.NUR.2022.M	Let's Talk. Utilizing Artificial Intelligence Simulation to Improve Nurse Manager's Diversity Conversations	Lynne Eisiminger BSN, RN, MEDSURG-BC	Methodist Mansfield
2023	107.NUR.2022.M	Fostering Civility in New Graduate Nurses Using Simulation, Cognitive Rehearsal, and Artificial Intelligence Technology	Lynne Eisiminger BSN, RN, MEDSURG-BC	Methodist Mansfield
2023	006.NUR.2022.A	Decreasing On-Shift Stress with a Crisis Intervention Cart	Cheyenne Ruby MSN, RN, NPD-BC	Methodist Dallas
2022	121.NUR.2022.D	Co-Rounding Project: Quality Improvement Protocol	Cheyenne Ruby MSN, RN, NPD-BC	Methodist Dallas
2023	007.NUR.2023.D	Be SURE CJR IRB Clinical Research Institute QI Protocol	Kaitlyn Tallio MSN, RN, CCRN, CNE	Methodist Dallas
2023	019.NUR.2023.C	Palliation of Thirst	Christopher Witkowski RN	Methodist Charlton
2023	035.NUR.2023.D	Increasing Clinical Judgment Skills in New Graduate Registered Nurses Using Guided Reflective Practices	Kaitlyn Tallio MSN, RN, CCRN, CNE	Methodist Dallas

CAMPUS	PARTICIPANT	EVENT/PUBLICATIONS	PRESENTATION
Methodist Dallas	Cheyenne Ruby MSN, RN, NPD-BC Jacqueline Kirby, BSN, RN, CCRN	Sigma: Creating Healthy Work Environments	Reducing Stress in Frontline Caregivers with Rapid Interventions
Methodist Dallas	Laurine Ndlovu DNP, RN, MEDSURG-BC, NPD-BC	TWU College of Nursing Doswell Health Informatics Conference	Implementing Simulation to Improve Nurse Confidence in Emergencies
Methodist Dallas	Sarah Towery MS, BSN, RN, NEA-BC, NPD-BC Kaitlyn Tallo DNP, MSN-Ed, RN, CCRN, CNE Tiny Chiramel MSN, RN, CMSRN, NPD-BC	Transition to Practice Symposium	Let's BeSURE: Implementation of a Clinical Judgement Assessment Tool in Nurse Resident Transition to Practice
Methodist Richardson	Elizabeth Aaron MSN, RN, NE-BC, CCRN Brandy Krauland AASN, RN	L2E	RISE AND SHINE: A Collaborative Approach
Methodist Richardson	Kathleen Blanco MS, BSN, RN, CGRN	SGNA Annual Conference	Burnout and Stress Among Healthcare Workers in GI



Reflecting on 2023, we are filled with gratitude for the remarkable achievements of our nursing teams. Their unwavering dedication and expertise have transformed patient care and elevated the standards of our healthcare system. As we look ahead to 2024, let us continue to build upon our successes and strive for even greater heights.”

– Jolyn Angus,
DNP, MBA, BSN, NEA-BC, CENP
Senior VP/ Chief Nursing Executive
Methodist Health System