



2022 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION STRATEGY

ELLIS COUNTY HEALTH COMMUNITY

METHODIST MIDLOTHIAN MEDICAL CENTER

Approved by Methodist Health System Board of Directors on January 10, 2023
Posted to MethodistHealthSystem.org by February 15, 2023

METHODIST HEALTH SYSTEM

INTRODUCTION AND PURPOSE

The Patient Protection and Affordable Care Act (PPACA) requires all tax-exempt organizations operating hospital facilities to assess the health needs of their community every three years. The requirement includes the completion of a community health needs assessment and implementation strategy. The purpose of the implementation strategy process is to align the hospital's limited resources, program services, and activities with the findings of the community health needs assessment (CHNA).

METHODIST HEALTH SYSTEM DESCRIPTION

Methodist Health System first opened its doors in 1927 as a single, 100-bed facility called Dallas Methodist Hospital. It has since become one of the leading healthcare providers in North Texas, owning and operating multiple individually licensed hospitals that serve the residents across the state. Methodist Midlothian Medical Center opened in 2021 and serves the communities of Ellis County.

METHODIST HEALTH SYSTEM MISSION

MISSION

To improve and save lives through compassionate, quality healthcare.

VISION

To be the trusted choice for health and wellness.

CORE VALUES

Methodist Health System core values reflect our historic commitment to Christian concepts of life and learning:

- **Servant Heart** - compassionately putting others first
- **Hospitality** - offering a welcoming and caring environment
- **Innovation** - courageous creativity and commitment to quality
- **Noble** - unwavering honesty and integrity
- **Enthusiasm** - celebration of individual and team accomplishment
- **Skillful** - dedicated to learning and excellence

Community Definition

Methodist Midlothian Medical Center serves the communities of Ellis County. The communities include a geographic area where more than 60 percent of the admitted patients live according to the hospital's inpatient admissions over a 12-month period.

Implementation Strategy Development

This Implementation Strategy was developed by senior leadership at Methodist Midlothian Medical Center, representing several departments of the organization, including clinical administration, medical operations, nursing, finance, population health, and community relations. The leadership included input from the hospital's communities and local nonprofit organizations to prioritize selected strategies and determine possible collaborations. Each year, senior leadership at Methodist Midlothian Medical Center will review this Implementation Strategy to determine whether changes should be made to better address the health needs of its communities.

Summary of the Community Health Needs Identified

To identify the health needs of the Ellis County health community, Methodist Health System established a comprehensive method using all available relevant data including community input. They used the qualitative and quantitative data obtained when assessing the community to identify its community health needs. Surveyors conducted interviews and focus groups with individuals representing public health, community leaders and groups, public organizations, and other providers. In addition, data collected from public sources compared to the state benchmark indicated the level of severity. The outcomes of the quantitative data analysis were compared to the qualitative data findings.

Additional details about the data can be found in the CHNA report posted at:

<https://MethodistHealthSystem.org/About/Community-Involvement>

Ellis County's significant community health needs as determined by the analyses of both the quantitative and qualitative data include:

1. Access to primary care resources
2. Chronic conditions management
3. Escalating health needs of an aging community
4. Access to behavioral health and substance abuse resources
5. Cancer incidence
6. Prenatal care issues

IMPLEMENTATION STRATEGIES

1. ACCESS TO PRIMARY CARE RESOURCES

Access to primary care physicians is challenging for some residents. Community members cited that there is limited access to primary care physicians due to a shortage of doctors and limited service hours. Those limited service hours are hardest on the working population who cannot afford to take time off from work to seek out primary care. The data indicates there are higher ratios of population to one primary care physician and higher ratios of population to one non-physician primary care provider in the community compared to the state benchmarks.

Hospital and community leaders agreed that there is a need to add primary care providers in Ellis County.

Methodist Midlothian strategies to address this community need include:

Action Description	Anticipated Impact	Resources	Community Collaborators
<i>Add primary care physicians and locations in the community to provide additional resources</i>	<i>Increased primary care providers and services in the community</i>	<i>Provider(s), PCP office(s), education materials, and support</i>	
<i>Provide primary care services for MISD Express Care Clinic</i>	<i>Enhanced primary care access and community support for services</i>	<i>Clinic advanced practice provider and staff</i>	<i>Midlothian ISD</i>

2. CHRONIC CONDITIONS MANAGEMENT

Community members cited that in the health community, patient support for chronic illness is a big challenge due to lack of preventive education and patients who are unable to afford expensive medication. The data indicates higher rates of diabetes admission, diabetes diagnoses in adults and diabetes prevalence in the community compared to the state benchmarks.

Hospital and community leaders agreed that there is a lack of sufficient diabetes education efforts. They added that there is an opportunity for the community to increase diabetes awareness and education and improve diabetes medication access in Ellis County.

Methodist Midlothian strategies to address this community need include:

Action Description	Anticipated Impact	Resources	Community Collaborators
<i>Provide chronic condition management as topics for quarterly Lunch and Learn community education events</i>	<i>Increased awareness of better management of chronic conditions</i>	<i>Speakers, education and support materials, and promotion</i>	<i>City of Midlothian</i>

3. ESCALATING NEEDS OF AN AGING COMMUNITY

Community members noted that there is no space in emergency rooms for specialty care. The use of emergency departments is too high and cannot meet the demand. The data also indicates a higher emergency department use rate among the Medicare population in the community compared to the state benchmark.

In the prioritization session, hospital leadership agreed that the emergency department is overutilized by the Medicare population and needs to be addressed in Ellis County.

Methodist Midlothian strategies to address this community need include:

Action Description	Anticipated Impact	Resources	Community Collaborators
<i>Provide depression screenings for all senior patients at Methodist Family Health Centers in the service area</i>	<i>Increased awareness of senior depression among clinic patients</i>	<i>Portion of clinic staff, follow-up materials, and referrals</i>	
	<i>Increased awareness of age-related health issues and how to reduce risk</i>	<i>Coordination and writing of message, newsletter production</i>	
<i>Provide education/outreach at local senior groups about health needs of the aging community</i>	<i>Increased awareness of health issues and how to mitigate them</i>	<i>PR Team - coordination and writing of message, magazine production</i>	<i>Local senior communities</i>

4. ACCESS TO BEHAVIORAL HEALTH AND SUBSTANCE ABUSE RESOURCES

Community members stated that mental health and substance abuse services are not available in the county. They believe that isolation enhanced by the COVID-19 pandemic is contributing to substance abuse, mental health issues, domestic abuse, and other challenges. Therefore, the need exceeds capacity for mental health and substance abuse services. They noted access to alcohol and drinking was enhanced by the pandemic, but it is now difficult to access alcohol abuse services to seek treatment. The data indicates higher averages of mentally unhealthy days, a higher ratio of population to one mental health provider, higher rates of depression among the Medicare population, and higher rates of binge drinking in the community compared to the state benchmarks.

Hospital and community leaders also confirmed there are not enough behavioral and mental health providers to meet the needs of the community, especially for those who are uninsured or underinsured inpatients in Ellis County.

Methodist Midlothian strategies to address this community need include:

Action Description	Anticipated Impact	Resources	Community Collaborators
<i>Provide placement assistance for suicidal patients</i>	<i>Better placement options for suicidal patients</i>	<i>Hospital staff awareness and use of referral</i>	<i>Behavioral Health Connections</i>
<i>Support Midlothian Mental Health initiatives as key sponsor</i>	<i>Increased awareness and training of officers and first responders</i>	<i>Sponsorship funding and event support</i>	<i>City of Midlothian, Midlothian Police</i>

5. CANCER INCIDENCE

The data indicates higher incidence rates of cancer all causes, colon, and lung in the community compared to the state benchmarks.

Hospital and community leaders agreed that despite improved preventive services seen in breast cancer and prostate cancer, there is a need to increase screenings and education on prevention and early detection in Ellis County.

Methodist Midlothian strategies to address this community need include:

Action Description	Anticipated Impact	Resources	Community Collaborators
<i>Support Midlothian ISD Pink Out event with sponsorship funding</i>	<i>Enhanced support of campaign for breast cancer awareness</i>	<i>Sponsorship funding and event support</i>	<i>Midlothian ISD</i>

6. PRENATAL CARE ISSUES

Community members stated that there is insufficient prenatal care in many areas that is attributed to the lack of or limited insurance coverage, noting that 60% of the babies born in Texas are in the Medicaid program in recent years. The data also indicates lower rates of first trimester entry into prenatal care in the community compared to the state benchmarks.

Hospital and community leaders confirmed there are not enough obstetric providers to meet the needs of the community in Ellis County, especially for those who are uninsured or underinsured.

Methodist Midlothian strategies to address this community need include:

Action Description	Anticipated Impact	Resources	Community Collaborators
<i>Add OB providers and locations in the community to provide additional resources</i>	<i>Access to OB medical care and information</i>	<i>Providers, office locations, education, and support materials</i>	