

## Celebrating 10 years of serving you

On Dec. 27, 2006, Methodist Mansfield Medical Center became a reality, opening its doors for the first time in Tarrant County in hopes of making a difference. Ten years later, the 168 hospital beds are now 254 and services have expanded to include some of the latest in medical technology.

On Dec. 15, 2016, the hospital celebrated its first 10 years. We're grateful to the community leaders who joined us for the 10th anniversary lighting ceremony commemorating our service to the community. In our first decade, we've achieved exceptional safety scores, outperformed other hospitals in key quality measures, and begun offering some of the latest in medical advancements. Here are just a few accomplishments from 2016 that we're proud to share:

- We opened a new 208,000-square-foot, 118-bed tower, along with the Amon G. Carter Foundation Heart and Vascular Center. Learn more about the advanced facilities and the new treatments available



Through an affiliate joint venture arrangement, Methodist Urgent Care at Mansfield opened in November, offering a wide range of healthcare and occupational medicine services to people with non-life-threatening injuries and illnesses. The center is open 365 days a year, making care more convenient.



The mayors of Midlothian, Mansfield, Kennedale, Grand Prairie, and Arlington immortalize their hand prints in concrete to celebrate the 10th anniversary of Methodist Mansfield. In the past decade, we have treated more than 772,000 patients — 438,000 in the emergency department — and delivered 15,000 babies.

there on the back page.

- We added four gastroenterology procedures rooms, and Jeffrey Linder, MD, performed the hospital's first endoscopic ultrasound to obtain high-quality images to evaluate masses and abnormalities in the gastrointestinal tract.
- We added four new operating rooms with a focus on minimally invasive robotic surgery, cranial surgery for the removal of brain tumors, and trauma.
- We expanded outpatient physical therapy by adding the Methodist Mansfield Medical Center Greater Therapy Center in Arlington.
- We incorporated pet therapy through Paws with Partners. Furry visits to patients and their families bring smiles and comfort.
- We continue to add advanced diagnostic equipment to enhance our patient care, including 3-D



Through our pet therapy program, four-legged friends bring comfort to patients and their families and reduce stress for hospital staff.

mammography, and in December, the Methodist Center for Diagnostic Imaging at Mansfield opened with the first high-field open MRI in the community, offering affordable outpatient imaging services.

Learn more about the services offered at Methodist Mansfield by visiting [MethodistHealthSystem.org/Mansfield](http://MethodistHealthSystem.org/Mansfield).

# NUMBERS TO KNOW

## 9,442

The number of people Methodist Health System employed throughout the Metroplex in 2016.



## 2017

This year, Methodist Health System aims to be the healthiest health system in America. We're well on our way with these recognitions in 2016:

- Healthiest Employer in North Texas by the *Dallas Business Journal* for the second year
- Platinum-Level Fit-Friendly Worksite by the American Heart Association for the fourth year
- Health Champion Designation from the American Diabetes Association's Wellness Lives Here™ campaign
- Well Deserved Award from UnitedHealthcare for our worksite wellness program.



## 1,366

The number of people employed by Methodist Mansfield Medical Center in 2016, making the hospital one of the largest employers in southeastern Tarrant County.

**3** The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Methodist is the first and only health system in Texas participating in the network, which gives physicians at Methodist the opportunity to consult with those at Mayo Clinic. Learn more at [Answers2.org](http://Answers2.org).

**13** The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the sixth year running.



**12** The number of years Methodist Health System Foundation has honored servant leaders with the Robert S. Folsom Leadership Award.


In 2016, the award went to R. Gerald Turner, PhD, the longest-serving president of Southern Methodist University. The award event raised \$1.4 million, which was designated for creating a world-class simulation laboratory for Graduate Medical Education at Methodist Dallas Medical Center.


Shown above (from left): Bobby B. Lyle, 2014 Folsom Award recipient; Lotty Lyle; Ray Hunt; Nancy Ann Hunt, 2006 Folsom Award recipient; Dr. Turner and his wife, Gail; and Kelli and Gerald J. Ford. The Lyles, Hunts, and Fords were Folsom event co-chairs.

**\$1.3 billion** Methodist Health System's 2016 economic impact, including from income and benefits provided for employees.

**\$149.6 million** How much Methodist Health System provided in unreimbursed charity care in fiscal year 2016.

**90** Methodist Health System is looking forward to celebrating its 90 years of service in 2017. Follow us on social media for all the ways we'll be commemorating the occasion.

 /MethodistHealthSystem  
/MethodistMansfield

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@methodistmansfield

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Check out the latest issue of *Shine* magazine at [MethodistHealthSystem.org/Shine](http://MethodistHealthSystem.org/Shine) or on our new app, available for Apple and Android devices.



## METHODIST MANSFIELD MEDICAL CENTER ADVISORY BOARD

From left: the Rev. Michael Evans; Dale McCaskill; Pam Rudnicki;

Bruce Capehart; the Rev. Greg Buckles; William Coppola, PhD; Carol Esstman; John Phillips, FACHE, president, Methodist Mansfield; Randall Canedy, chairman; Stephen Foster, DO; Jim Vaszauskas, EdD; Jim Swafford; Greg Giessner; Michael Van Amburgh; Marti VanRavenswaay-Waddell; and Robyn Doty; (not pictured) the Rev. David Alexander; Bob Brown; Clayton Chandler; Tom Cox; and Kim McCaslin



## WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Arlington Chamber of Commerce
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- Grand Prairie Chamber of Commerce
- Greater Dallas Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Mansfield Area Chamber of Commerce
- Midlothian Chamber of Commerce.



# A heart for wellness: How we're reaching the community



Methodist Mansfield hosted its first NICU reunion — the NICU Superheroes and Princesses Party — last spring. The hospital's first set of triplets, Adam, Bradley, and Caleb Boughton, celebrated their 1st birthday at the event, which featured hospital President John Phillips, FACHE, dressed up as Batman. Methodist Mansfield's Level III NICU has cared for more than 600 babies who started life as fragile infants and left at full term.



Knowing that diseases transmitted by mosquito bites are top of mind, Methodist Mansfield teamed up with city, county, and school officials to host a mosquito forum on June 14.

Methodist Mansfield's Fawn Rojas, RN, and Kimberly Walker, RN, show children how to perform CPR at the Mansfield Fire Safety Palooza. Physicians and nurses at Methodist Mansfield also volunteer for first-aid medical teams at various community events, including Tarrant County's annual Race for the Cure®.



Methodist Mansfield encouraged children to be creative and design their own fall T-shirts and then share them on social media at the Midlothian Chamber Fall Festival. Physicians on our medical staff also serve as team physicians for the schools' athletic programs, and through the Mansfield ISD Wellness Clinic, Methodist Mansfield offers a dedicated clinic for school employees.



With the help of medical professionals, like Mary Weaver, MD (left), Methodist Mansfield provided sports physicals and echocardiograms to athletes in the Mansfield and Midlothian ISDs. Physicians on our medical staff also serve as team physicians for the schools' athletic programs, and through the Mansfield ISD Wellness Clinic, Methodist Mansfield offers a dedicated clinic for school employees.



## WE WERE PROUD TO SPONSOR THESE AND OTHER COMMUNITY EVENTS AND ORGANIZATIONS

- American Heart Association Dallas and Tarrant County Heart Walks
- Arlington British Women's Club
- Arlington Jiggle Butt Run
- Arlington Women's Club
- Arlington YMCA
- Autumn Run Neighborhood Association
- Ben Barber Career and Technology Academy health and science program
- Big League Dreams Sports Park
- City health fairs and Lunch and Learn events
- City of Midlothian Chili Cook-Off
- CPR training at the Mansfield Fire Safety Palooza and Midlothian Marketplace
- Grand Prairie, Mansfield, and Midlothian ISDs and education foundations
- Hawaiian Falls
- Harvesting International
- Jack and Jill of America
- Legal Shield
- Local Rotary and Kiwanis clubs
- Lockheed Martin
- Lowes Farm Neighborhood Association
- Mansfield Cares
- Mansfield Cedar Hill Alumni Chapter of Kappa Alpha Psi Fraternity Inc.
- Mansfield Community Prayer Breakfast
- Mansfield Women's Club
- March of Dimes® March for Babies®
- Meredith Hatch Foundation
- Methodist Mansfield Mad Dash for Cash 5K
- Mira Lagos Neighborhood Association
- Mission Arlington
- National Night Out
- Run with Heart
- Tarrant County Susan G. Komen Race for the Cure®

# We're here for your heart

Methodist Mansfield Medical Center is proud to help the hearts of the community through its Amon G. Carter Foundation Heart and Vascular Center. In 2016, the hospital welcomed several additional services and expanded its reach in cardiac care:

- We began offering the Abiomed Impella 2.5<sup>®</sup> System, the world's tiniest heart pump and catheter. This technology is used in patients with severe heart failure and cardiogenic shock, as well as with high-risk percutaneous coronary intervention patients.
- We began using one of the latest pieces of cardiac technology — the subcutaneous implantable cardioverter defibrillator, or S-ICD — to help patients with abnormal heart rhythms or those at risk for sudden cardiac death.
- We added a third interventional electrophysiology and cardiac catheterization lab, providing the latest technology for patients with heart disease or experiencing heart attacks.
- We opened a postcoronary intensive care unit for patients who have had interventional heart procedures, as well as a cardiovascular intensive care unit for patients undergoing heart surgeries.
- We expanded our cardiac telemetry floor to 10 additional beds.



Methodist Mansfield opened the Amon G. Carter Foundation Heart and Vascular Center in December 2015, expanding cardiology services.

## AWARD-WINNING CARE

In addition to the new services, Methodist Mansfield continued to excel in caring for patients and received multiple national recognitions, including:

- Chest Pain Certification by The Joint Commission
- 2016 Mission: Lifeline<sup>®</sup> Gold Receiving Quality Achievement Award for prompt and proper STEMI heart attack treatment
- Blue Distinction<sup>®</sup> Center for Cardiac Care by Blue Cross Blue Shield.

## MORE ABOUT THE HEART AND VASCULAR CENTER

Staffed by some of the best cardiac, cardiothoracic, and vascular physicians in Texas, the Amon G. Carter Foundation Heart and Vascular Center provides treatment options for a variety of heart and vascular conditions and treats cardiac emergencies 24 hours a day, 7 days a week.

The center specializes in diagnostic and therapeutic cardiology services, cardiovascular surgery, and electrophysiology procedures. A specialized nurse practitioner guides patients through their care.

Learn more at [MethodistHealthSystem.org/MansfieldCardiology](http://MethodistHealthSystem.org/MansfieldCardiology).



Hundreds of community members help support the heart care Methodist Mansfield provides at the hospital's third annual Run with Heart event.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit [Foundation.MethodistHealthSystem.org](http://Foundation.MethodistHealthSystem.org).

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Mansfield Medical Center, Methodist Health System, or any of its affiliated hospitals.

Methodist Center for Diagnostic Imaging is an independent legal entity separate from Methodist Health System and its affiliated hospitals. The physicians and other personnel providing care at the Methodist Center for Diagnostic Imaging locations are either employed by or independent contractors of Methodist Center for Diagnostic Imaging and are not employees or agents of Methodist Health System or any of its affiliated hospitals.

Methodist Urgent Care is an independent legal entity separate from Methodist Health System and its affiliated hospitals. The physicians and other personnel providing care at the Methodist Urgent Care locations are either employed by or independent contractors of Methodist Urgent Care and are not employees or agents of Methodist Mansfield Medical Center, Methodist Health System, or any of its affiliated hospitals.

# Shining achievements

## Methodist Health System

- Among *Hospitals & Health Networks* magazine's "Most Wired" in the nation for sixth consecutive year.
- Longtime board member Levi H. Davis honored with Kerney Laday, Sr. Trustee of the Year Award from the Dallas-Fort Worth Hospital Council.

- 160 physicians among the *D Magazine* Best Doctors in Dallas.
- 22 Methodist Family Health Centers and Medical Groups recognized at the highest level by the National Committee for Quality Assurance for their patient-centered medical home programs.

## Methodist Mansfield

- Named a *Top Performer on Key Quality Measures<sup>®</sup>* by The Joint Commission in the areas of heart attack, heart failure, pneumonia, surgical care, stroke, and perinatal care in 2014.
- Two nurses recognized among *D Magazine's* Excellence in Nursing Awards and two other employees named among *D Magazine's* Excellence in Healthcare Awards
- Physician named as a *Fort Worth Business Press* HealthCare Hero and Dallas-Fort Worth Hospital Council Foundation Physician of the Year
- Best Emergency Department in the *Star-Telegram*, *Focus Daily News*, and *Living Magazine* readers' choice contests.
- Best Hospital in *Living Magazine* and *Focus Daily News* readers' choice awards and All-Star Hospital by *Arlington Today*.
- Outstanding Large Business of the Year by the Mansfield Chamber of Commerce.
- 2016 Mansfield ISD Community Partnership Award.
- American Heart Association and American Stroke Association Silver Plus Get With The Guidelines<sup>®</sup> Achievement Award for stroke care.
- Wound Care and Hyperbaric Medicine Center named a Healogics<sup>®</sup> Center of Distinction.
- Best Maternity Ward and Best Hospital by 2016 *Focus Daily News* Reader's Choice Awards.